Trail da Filigrana
Gondomar, PT
10-January-2016

TRAIL LONGO 25KM - STAGE 1 — 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	10.9ºC	100%
End	14:34	12.1ºC	99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	9	Bruno Miguel Rodrigues Moreira	amigos do pedal trailagares	Senior Masculino	02:06:46		05:04
2	214	Luis Gil	multipower gaia trail	Veterano M40	02:11:58	+05:12	05:17
3	33	Antonio Martins	centro ciclista de gondomar	Veterano M45	02:12:52	+06:06	05:19
4	32	Asdrubal Freitas	centro ciclista de gondomar	Veterano M45	02:13:46	+07:00	05:21
5	8	Victor Fernandes	amazing team	Senior Masculino	02:14:51	+08:05	05:24
6	20	Manuel Sousa	associação recreativa luz e vida gondomarense	Veterano M55	02:18:00	+11:14	05:31
7	221	Fernando Taborda	oralklass-amigos do trail	Senior Masculino	02:22:16	+15:30	05:41
8	113	Nuno Alexandre do Vale Ferreira Gonçalves Pereira	individual	Senior Masculino	02:22:33	+15:47	05:42
9	71	joaquim manuel martins de freitas	grupo dramático e recreativo da retorta	Veterano M40	02:23:36	+16:50	05:45
10	2	David Tavares	centro ciclista de gondomar	Veterano M50	02:27:54	+21:08	05:55
11	42	Hélder Rocha	douroconta trail team	Senior Masculino	02:29:36	+22:50	05:59
12	224	Seninho Ribeiro	oralklass-amigos do trail	Senior Masculino	02:31:15	+24:29	06:03
13	220	Belmiro Moreira	oralklass-amigos do trail	Senior Masculino	02:31:17	+24:31	06:03
14	215	joaquim pereira	multipower gaia trail	Veterano M45	02:31:48	+25:02	06:04
15	99	Ivo Morais	individual	Senior Masculino	02:31:54	+25:08	06:05
16	1	Lucinda Sousa	gondomar futsal clube	Veterana F40	02:31:54	+25:08	06:05
17	11	Jorge Manuel Barbosa Moreira	amigos do pedal trailagares	Veterano M45	02:32:05	+25:19	06:05
18	63	Paulo Machado	ginasio fit4fun	Veterano M40	02:32:41	+25:55	06:06
19	87	Bruno Miguel Neves Cardoso	individual	Senior Masculino	02:34:24	+27:38	06:11
20	92	David Manuel De Jesus Barbosa De Sousa	individual	Senior Masculino	02:35:51	+29:05	06:14
21	218	MIGUEL JAQUES	olímpico vianense trail/nd sport	Senior Masculino	02:36:20	+29:34	06:15
22	44	Martinho Dias	ermida team	Senior Masculino	02:36:45	+29:59	06:16
23	248	Patrick Marques	trail running btt sanguêdo	Veterano M40	02:37:25	+30:39	06:18
24	70	António Rocha	gondomar futsal clube	Veterano M55	02:38:12	+31:26	06:20
25	35	Vitor Manuel Soua	centro ciclista de gondomar	Veterano M50	02:38:13	+31:27	06:20
26	232	Jose Oliveira	petro basto	Veterano M50	02:38:17	+31:31	06:20
27	147	José Pinto	team rede ambiente	Senior Masculino	02:38:29	+31:43	06:20
28	49	Ricardo Rocha	fast ao km	Senior Masculino	02:39:33	+32:47	06:23
29	68	José Paulo Ribeiro	gondomar futsal clube	Veterano M40	02:39:40	+32:54	06:23
30	10	Ricardo Emanuel Peixoto Moreira	amigos do pedal trailagares	Senior Masculino	02:39:52	+33:06	06:24
31	219	Paula Barbosa	oralklass-amigos do trail	Senior Feminino	02:42:15	+35:29	06:29
32	17	Carlos Fernandes	as belas e eles	Veterano M40	02:42:25	+35:39	06:30
33	96	Filipe Lima	individual	Senior Masculino	02:42:27	+35:41	06:30
34	19	António Rocha	associação recreativa luz e vida gondomarense	Veterano M55	02:42:29	+35:43	06:30
35	140	Francisco Pinheiro	individual	Veterano M40	02:43:09	+36:23	06:32
36	223	Rui Pereira	oralklass-amigos do trail	Senior Masculino	02:45:09	+38:23	06:36
37	213	Nuno Maia	multipower gaia trail	Senior Masculino	02:45:41	+38:55	06:38
38	206	leandro pacheco	monte dos amigos	Senior Masculino	02:48:00	+41:14	06:43
39	175	Paulo Marçal	individual	Veterano M50	02:48:19	+41:33	06:44

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
40	150	Luís Miguel Mendes Sá	individual	Veterano M40	02:48:42	+41:56	06:45
41	34	Paulo Oliveira	centro ciclista de gondomar	Veterano M45	02:49:05	+42:19	06:46
42	173	Dionísio Manuel Correia Sousa	individual	Veterano M50	02:49:23	+42:37	06:47
43	82	André Amorim	individual	Senior Masculino	02:50:06	+43:20	06:48
44	222	Nuno Sousa	oralklass-amigos do trail	Senior Masculino	02:51:10	+44:24	06:51
45	237	Rui Pedro Ferreira Alves	runriver - escola de atletismo de rio tinto	Veterano M40	02:52:27	+45:41	06:54
46	81	Álvaro Daniel Silva Cardoso	associação recreativa luz e vida gondomarense	Senior Masculino	02:52:37	+45:51	06:54
47	184	Manuel Carlos de Almeida Rola	juventude cortegacense	Senior Masculino	02:52:47	+46:01	06:55
48	40	Paulo Ferreira	ctrvc	Veterano M45	02:52:53	+46:07	06:55
49	6	Leonel Neves	aliança de gandra	Veterano M40	02:54:23	+47:37	06:59
50	238	Sérgio Monteiro	sardonisca runners	Senior Masculino	02:54:47	+48:01	06:59
51	83	André Goncalves	individual	Senior Masculino	02:54:57	+48:11	07:00
52	211	Domingos Filipe Pereira Nogueira	moreira relax runners	Senior Masculino	02:55:31	+48:45	07:01
53	66	Paulo Jorge	gondomar futsal clube	Senior Masculino	02:55:43	+48:57	07:02
54	53	DANIELA RUSSO	ginasio fit4fun	Senior Feminino	02:56:29	+49:43	07:04
55	54	FRANCISCO FIGUEIREDO	ginasio fit4fun	Senior Masculino	02:56:36	+49:50	07:04
56	165	Henrique Santos	individual	Veterano M45	02:57:16	+50:30	07:05
57	22	Ana Sousa	budeguita runners	Senior Feminino	02:57:17	+50:31	07:05
58	249	Miguel Alves	uma vez perdi-me no monte	Senior Masculino	02:57:57	+51:11	07:07
59	43	Eric Carvalho	ermida team	Senior Masculino	02:58:25	+51:39	07:08
60	76	Luisa Rodrigues	individual	Senior Feminino	02:59:26	+52:40	07:11
61	130	Sandra Maria Lopes Arribança	individual	Veterana F40	02:59:58	+53:12	07:12
62	142	Hugo Alexandre Silva Santos Amaro	individual	Veterano M40	03:00:05	+53:19	07:12
63	170	Sérgio Anunciação	individual	Veterano M45	03:00:25	+53:39	07:13
64	163	Valter Guedes	individual	Veterano M40	03:00:31	+53:45	07:13
65	176	Vitor Manuel Barbosa Moreira	individual	Veterano M50	03:00:31	+53:45	07:13
66	200	Rui Madureira	marco runners	Senior Masculino	03:01:00	+54:14	07:14
67	186	Joao Paulo Costa Oliveira	juventude cortegacense	Veterano M40	03:01:22	+54:36	07:15
68	88	Bruno Ricardo Vieira Dias	individual	Senior Masculino	03:01:41	+54:55	07:16
69	235	Rafael Almeida	poteeentes - fitspot parque nascente	Senior Masculino	03:01:48	+55:02	07:16
70	233	Pedro Cardoso	poteeentes - fitspot parque nascente	Senior Masculino	03:03:00	+56:14	07:19
71	128	carla sousa	individual	Veterana F40	03:03:19	+56:33	07:20
72	278	José Pedro Silva	individual	Veterano M40	03:03:28	+56:42	07:20
73	251	Atleta 251	individual	Senior Masculino	03:04:08	+57:22	07:22
74	110	Miguel Santos	individual	Senior Masculino	03:04:36	+57:50	07:23
75	138	Armando Fontão	individual	Veterano M40	03:05:54	+59:08	07:26
76	75	Juliana Rodrigues	individual	Senior Feminino	03:06:57	+01:00:11	07:29
77	95	Filipe Carvalho	individual	Senior Masculino	03:07:23	+01:00:37	07:30
78	241	João Cardoso	ss montepio	Veterano M40	03:07:58	+01:01:12	07:31
79	236	Alcino Vieira	poteeentes - fitspot parque nascente	Veterano M50	03:08:52	+01:02:06	07:33
80	194	Célio Soares	marco runners	Senior Masculino	03:10:31	+01:03:45	07:37
81	18	Maria Augusta da Costa Loureiro	associação desportiva de cabroelo	Veterana F40	03:10:52	+01:04:06	07:38
82	3	Rui Teixeira	a.d sebolido trail boneca d´ouro	Senior Masculino	03:11:43	+01:04:57	07:40
83	4	Tiago Silva	a.d sebolido trail boneca d´ouro	Senior Masculino	03:11:43	+01:04:57	07:40
84	30	Bruno Barge	cdc running team	Senior Masculino	03:11:50	+01:05:04	07:40

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
85	31	Fernando Lopes	cdc running team	Veterano M40	03:11:50	+01:05:04	07:40
86	108	Mateusz Stasto	individual	Senior Masculino	03:13:01	+01:06:15	07:43
87	280	António Jorge da Costa Cunha	ginasio fit4fun	Veterano M40	03:13:03	+01:06:17	07:43
88	279	Atleta 279	individual	Senior Masculino	03:13:03	+01:06:17	07:43
89	210	paulo graça	monte dos amigos	Veterano M50	03:13:31	+01:06:45	07:44
90	188	Julio Paulo Soares da Silva	juventude cortegacense	Veterano M40	03:13:32	+01:06:46	07:44
91	183	Luis Filipe Ferreira Costa Silva	juventude cortegacense	Senior Masculino	03:13:54	+01:07:08	07:45
92	185	Ricardo Silva Machado	juventude cortegacense	Senior Masculino	03:13:54	+01:07:08	07:45
93	64	Andreia Amorim	gondomar futsal clube	Senior Feminino	03:14:12	+01:07:26	07:46
94	161	Rui Pedro Pena	individual	Veterano M40	03:14:26	+01:07:40	07:47
95	106	Marco Fernandes	individual	Senior Masculino	03:14:50	+01:08:04	07:48
96	104	Luis Filipe Rocha	individual	Senior Masculino	03:14:55	+01:08:09	07:48
97	229	Lino Moreira	os turbomula	Veterano M60	03:15:54	+01:09:08	07:50
98	135	Alberto Guimaraes	individual	Veterano M40	03:16:14	+01:09:28	07:51
99	172	António Pais	individual	Veterano M50	03:16:47	+01:10:01	07:52
100	152	Miguel Moura	individual	Veterano M40	03:16:47	+01:10:01	07:52
101	119	Ricardo Moreira	individual	Senior Masculino	03:17:18	+01:10:32	07:54
102	79	Sofia Espírito Santo	individual	Senior Feminino	03:17:33	+01:10:47	07:54
103	126	Tiago Alfredo Natário Barbosa	individual	Senior Masculino	03:17:33	+01:10:47	07:54
104	112	Nelson Silva	individual	Senior Masculino	03:18:04	+01:11:18	07:55
105	158	pedro mouro	individual	Veterano M40	03:18:11	+01:11:25	07:56
106	105	Luis Teixeira	individual	Senior Masculino	03:18:25	+01:11:39	07:56
107	231	Vitor Andrade	paredes aventura	Veterano M40	03:18:36	+01:11:50	07:57
108	230	Fernando Salvador	paredes aventura	Veterano M40	03:18:37	+01:11:51	07:57
109	171	Vítor coelho	individual	Veterano M45	03:20:21	+01:13:35	08:01
110	154	Nuno Jose Fonseca Freitas	individual	Veterano M40	03:20:25	+01:13:39	08:01
111	103	Jorge Borges	individual	Senior Masculino	03:21:59	+01:15:13	08:05
112	111	Miguel Seca	individual	Senior Masculino	03:22:59	+01:16:13	08:07
113	90	Cláudio André Oliveira Trigais	individual	Senior Masculino	03:23:00	+01:16:14	08:07
114	118	Pedro Nogueira	individual	Senior Masculino	03:23:42	+01:16:56	08:09
115	137	António Martins	individual	Veterano M40	03:24:43	+01:17:57	08:11
116	199	Pedro Nogueira	marco runners	Senior Masculino	03:25:15	+01:18:29	08:13
117	148	LUIS ALMEIDA	individual	Veterano M40	03:25:24	+01:18:38	08:13
118	141	Henrique Marques	individual	Veterano M40	03:25:32	+01:18:46	08:13
119	153	NELSON CASTRO	individual	Veterano M40	03:25:34	+01:18:48	08:13
120	65	Sandra Pera	gondomar futsal clube	Senior Feminino	03:27:31	+01:20:45	08:18
121	67	Pedro Matos	gondomar futsal clube	Senior Masculino	03:27:31	+01:20:45	08:18
122	125	Telmo Mendonça	individual	Senior Masculino	03:27:31	+01:20:45	08:18
123	216	João Vitor Ribeiro Moura Pinto	no tomorrow running team	Senior Masculino	03:27:34	+01:20:48	08:18
124	169	Pedro costa ferreira	individual	Veterano M45	03:28:24	+01:21:38	08:20
125	203	Vitor Hugo Queiros	marco trail running	Senior Masculino	03:30:06	+01:23:20	08:24
126	97	Filipe Machado	nascidos para correr	Senior Masculino	03:30:45	+01:23:59	08:26
127	197	Nuno Amorim	marco runners	Senior Masculino	03:30:54	+01:24:08	08:26
128	151	Mário Ferreira	individual	Veterano M40	03:30:55	+01:24:09	08:26
129	124	Silvio Rodrigues de Sá	individual	Senior Masculino	03:31:22	+01:24:36	08:27
130	143	João Vasco Ferreira	individual	Veterano M40	03:32:38	+01:25:52	08:30

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
131	174	José Ferreira	individual	Veterano M50	03:32:38	+01:25:52	08:30
132	45	JOSÉ DUARTE	familia pereira	Veterano M55	03:34:37	+01:27:51	08:35
133	204	JOSÉ CARRIÇO	medicina do exercício-clinica de gondomar	Veterano M40	03:35:17	+01:28:31	08:37
134	243	Ricardo Trigo	step by step	Senior Masculino	03:36:39	+01:29:53	08:40
135	244	Ivo Almeida	step by step	Veterano M40	03:36:39	+01:29:53	08:40
136	242	Helder Pinto	step by step	Senior Masculino	03:36:39	+01:29:53	08:40
137	115	Nuno Silva	individual	Senior Masculino	03:37:01	+01:30:15	08:41
138	101	João Silva	individual	Senior Masculino	03:37:01	+01:30:15	08:41
139	37	Susana Neta	clube zupper	Senior Feminino	03:37:03	+01:30:17	08:41
140	39	Paulo Neta	clube zupper	Veterano M40	03:37:03	+01:30:17	08:41
141	36	Serafim Ramos	clube do pessoal edp - porto	Veterano M55	03:44:12	+01:37:26	08:58
142	166	José Durães Gonçalves	individual	Veterano M45	03:44:28	+01:37:42	08:59
143	193	Sérgio Chacim	magical mushrooms	Senior Masculino	03:45:11	+01:38:25	09:00
144	69	Paulo Gama	gondomar futsal clube	Veterano M45	03:46:57	+01:40:11	09:05
145	89	Bruno Sousa	individual	Senior Masculino	03:48:59	+01:42:13	09:10
146	155	Paulo Costa	individual	Veterano M40	03:50:38	+01:43:52	09:14
147	114	Nuno Silva	individual	Senior Masculino	03:50:59	+01:44:13	09:14
148	94	Fernando alves	individual	Senior Masculino	03:51:02	+01:44:16	09:14
149	85	Bruno Daniel Nunes Machado	individual	Senior Masculino	03:51:02	+01:44:16	09:14
150	116	Paulo Alves	individual	Senior Masculino	03:51:02	+01:44:16	09:14
151	86	Bruno Machado	individual	Senior Masculino	03:51:02	+01:44:16	09:14
152	217	José Rodrigues	not run alone	Veterano M50	03:52:11	+01:45:25	09:17
153	192	Helder Silva	la zinco	Senior Masculino	03:52:58	+01:46:12	09:19
154	179	josé moura de sousa	individual	Veterano M60	03:54:01	+01:47:15	09:22
155	120	Ricardo Sousa	individual	Senior Masculino	03:54:03	+01:47:17	09:22
156	198	Pedro Miranda	marco runners	Senior Masculino	03:54:28	+01:47:42	09:23
157	239	Pedro Salgueiro	sawadee	Senior Masculino	03:54:45	+01:47:59	09:23
158	207	miguel pinto	monte dos amigos	Senior Masculino	03:54:57	+01:48:11	09:24
159	209	jorge pinheiro	monte dos amigos	Veterano M40	03:54:57	+01:48:11	09:24
160	208	vitor costa	monte dos amigos	Senior Masculino	03:54:57	+01:48:11	09:24
161	195	João Bernardes	marco runners	Senior Masculino	03:55:43	+01:48:57	09:26
162	162	Sérgio Hugo Oliveira de Faria Ricardo	individual	Veterano M40	03:58:44	+01:51:58	09:33
163	145	jorge Monteiro	individual	Veterano M40	03:58:45	+01:51:59	09:33
164	100	Joao Pedro Monteiro	individual	Senior Masculino	04:02:15	+01:55:29	09:41
165	134	Adalberto Correia Lima Pinto Figueiredo	individual	Veterano M40	04:06:16	+01:59:30	09:51
166	16	Ricardo Tavares	as belas e eles	Senior Masculino	04:08:24	+02:01:38	09:56
167	15	Ricardo Magalhães	as belas e eles	Senior Masculino	04:08:24	+02:01:38	09:56
168	123	sergio sousa silva	individual	Senior Masculino	04:13:43	+02:06:57	10:09
169	122	sergio soares	individual	Senior Masculino	04:13:43	+02:06:57	10:09
170	131	Isaura de Almeida	individual	Veterana F45	04:18:43	+02:11:57	10:21
171	78	Sara Brandao	individual	Senior Feminino	04:19:53	+02:13:07	10:24
172	226	André Barros	os atletas	Senior Masculino	04:28:21	+02:21:35	10:44
173	227	Ricardo Fonseca	os atletas	Senior Masculino	04:28:21	+02:21:35	10:44
174	228	Ricas Almeida	os atletas	Senior Masculino	04:28:21	+02:21:35	10:44
175	91	Daniel Pinto	individual	Senior Masculino	04:30:05	+02:23:19	10:48

TRAIL LONGO 25KM - STAGE 1 — 25 KM

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
176	132	Maria da Luz Olivença	individual	Veterana F45	04:30:05	+02:23:19	10:48
177	146	jorge soares	individual	Veterano M40	04:30:21	+02:23:35	10:49
178	23	Isabel Lima	budeguita runners	Senior Feminino	04:33:10	+02:26:24	10:56
179	26	Sandra Oliveira	budeguita runners	Veterana F40	04:33:10	+02:26:24	10:56
180	12	Carla Barbosa	as belas e eles	Senior Feminino	04:51:36	+02:44:50	11:40
181	13	Cátia Silva	as belas e eles	Senior Feminino	04:51:36	+02:44:50	11:40
182	212	Rosa Costa	moreira relax runners	Veterana F50	04:51:51	+02:45:05	11:40

Trail da Filigrana
Gondomar, PT
10-January-2016

Trail Longo 25Km

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	10.9ºC	100%
End	14:34	12.1ºC	99%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	219	Paula Barbosa	Oralklass-Amigos do Trail	Senior Feminino	02:42:15		06:29
2	53	DANIELA RUSSO	Ginasio Fit4Fun	Senior Feminino	02:56:29	+14:14	07:04
3	22	Ana Sousa	BUDEGUITA RUNNERS	Senior Feminino	02:57:17	+15:02	07:05
4	76	Luisa Rodrigues	Individual	Senior Feminino	02:59:26	+17:11	07:11
5	75	Juliana Rodrigues	Individual	Senior Feminino	03:06:57	+24:42	07:29
6	64	Andreia Amorim	GONDOMAR FUTSAL CLUBE	Senior Feminino	03:14:12	+31:57	07:46
7	79	Sofia Espírito Santo	Individual	Senior Feminino	03:17:33	+35:18	07:54
8	65	Sandra Pera	GONDOMAR FUTSAL CLUBE	Senior Feminino	03:27:31	+45:16	08:18
9	37	Susana Neta	Clube Zupper	Senior Feminino	03:37:03	+54:48	08:41
10	78	Sara Brandao	Individual	Senior Feminino	04:19:53	+01:37:38	10:24
11	23	Isabel Lima	BUDEGUITA RUNNERS	Senior Feminino	04:33:10	+01:50:55	10:56
12	12	Carla Barbosa	As Belas e Eles	Senior Feminino	04:51:36	+02:09:21	11:40
13	13	Cátia Silva	As Belas e Eles	Senior Feminino	04:51:36	+02:09:21	11:40

Senior Masculino

1	9	Bruno Miguel Rodrigues Moreira	AMIGOS DO PEDAL TRAILAGARES	Senior Masculino	02:06:46		05:04
2	8	Victor Fernandes	Amazing Team	Senior Masculino	02:14:51	+08:05	05:24
3	221	Fernando Taborda	Oralklass-Amigos do Trail	Senior Masculino	02:22:16	+15:30	05:41
4	113	Nuno Alexandre do Vale Ferreira Gonçalves Pereira	Individual	Senior Masculino	02:22:33	+15:47	05:42
5	42	Hélder Rocha	DOUROCONTA TRAIL TEAM	Senior Masculino	02:29:36	+22:50	05:59
6	224	Seninho Ribeiro	Oralklass-Amigos do Trail	Senior Masculino	02:31:15	+24:29	06:03
7	220	Belmiro Moreira	Oralklass-Amigos do Trail	Senior Masculino	02:31:17	+24:31	06:03
8	99	Ivo Morais	Individual	Senior Masculino	02:31:54	+25:08	06:05
9	87	Bruno Miguel Neves Cardoso	Individual	Senior Masculino	02:34:24	+27:38	06:11
10	92	David Manuel De Jesus Barbosa De Sousa	Individual	Senior Masculino	02:35:51	+29:05	06:14
11	218	MIGUEL JAQUES	Olímpico Vianense Trail/ND Sport	Senior Masculino	02:36:20	+29:34	06:15
12	44	Martinho Dias	Ermida Team	Senior Masculino	02:36:45	+29:59	06:16
13	147	José Pinto	team Rede Ambiente	Senior Masculino	02:38:29	+31:43	06:20
14	49	Ricardo Rocha	FAST AO KM	Senior Masculino	02:39:33	+32:47	06:23
15	10	Ricardo Emanuel Peixoto Moreira	AMIGOS DO PEDAL TRAILAGARES	Senior Masculino	02:39:52	+33:06	06:24
16	96	Filipe Lima	Individual	Senior Masculino	02:42:27	+35:41	06:30
17	223	Rui Pereira	Oralklass-Amigos do Trail	Senior Masculino	02:45:09	+38:23	06:36
18	213	Nuno Maia	multipower gaia trail	Senior Masculino	02:45:41	+38:55	06:38
19	206	leandro pacheco	Monte dos Amigos	Senior Masculino	02:48:00	+41:14	06:43
20	82	André Amorim	Individual	Senior Masculino	02:50:06	+43:20	06:48

Trail Longo 25Km

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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21	222	Nuno Sousa	Oralklass-Amigos do Trail	Senior Masculino	02:51:10	+44:24	06:51
22	81	Álvaro Daniel Silva Cardoso	ASSOCIAÇÃO RECREATIVA LUZ E VIDA GONDOMARENSE	Senior Masculino	02:52:37	+45:51	06:54
23	184	Manuel Carlos de Almeida Rola	Juventude Cortegacense	Senior Masculino	02:52:47	+46:01	06:55
24	238	Sérgio Monteiro	Sardonisca Runners	Senior Masculino	02:54:47	+48:01	06:59
25	83	André Goncalves	Individual	Senior Masculino	02:54:57	+48:11	07:00
26	211	Domingos Filipe Pereira Nogueira	Moreira Relax Runners	Senior Masculino	02:55:31	+48:45	07:01
27	66	Paulo Jorge	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:55:43	+48:57	07:02
28	54	FRANCISCO FIGUEIREDO	Ginasio Fit4Fun	Senior Masculino	02:56:36	+49:50	07:04
29	249	Miguel Alves	Uma Vez Perdi-me no Monte	Senior Masculino	02:57:57	+51:11	07:07
30	43	Eric Carvalho	Ermida Team	Senior Masculino	02:58:25	+51:39	07:08
31	200	Rui Madureira	Marco Runners	Senior Masculino	03:01:00	+54:14	07:14
32	88	Bruno Ricardo Vieira Dias	Individual	Senior Masculino	03:01:41	+54:55	07:16
33	235	Rafael Almeida	POTEEENTES - Fitspot Parque Nascente	Senior Masculino	03:01:48	+55:02	07:16
34	233	Pedro Cardoso	POTEEENTES - Fitspot Parque Nascente	Senior Masculino	03:03:00	+56:14	07:19
35	251	Atleta 251	Individual	Senior Masculino	03:04:08	+57:22	07:22
36	110	Miguel Santos	Individual	Senior Masculino	03:04:36	+57:50	07:23
37	95	Filipe Carvalho	Individual	Senior Masculino	03:07:23	+01:00:37	07:30
38	194	Célio Soares	Marco Runners	Senior Masculino	03:10:31	+01:03:45	07:37
39	3	Rui Teixeira	A.D Sebolido Trail boneca D´ouro	Senior Masculino	03:11:43	+01:04:57	07:40
40	4	Tiago Silva	A.D Sebolido Trail boneca D´ouro	Senior Masculino	03:11:43	+01:04:57	07:40
41	30	Bruno Barge	CDC Running Team	Senior Masculino	03:11:50	+01:05:04	07:40
42	108	Mateusz Stasto	Individual	Senior Masculino	03:13:01	+01:06:15	07:43
43	279	Atleta 279	Individual	Senior Masculino	03:13:03	+01:06:17	07:43
44	183	Luis Filipe Ferreira Costa Silva	Juventude Cortegacense	Senior Masculino	03:13:54	+01:07:08	07:45
45	185	Ricardo Silva Machado	Juventude Cortegacense	Senior Masculino	03:13:54	+01:07:08	07:45
46	106	Marco Fernandes	Individual	Senior Masculino	03:14:50	+01:08:04	07:48
47	104	Luis Filipe Rocha	Individual	Senior Masculino	03:14:55	+01:08:09	07:48
48	119	Ricardo Moreira	Individual	Senior Masculino	03:17:18	+01:10:32	07:54
49	126	Tiago Alfredo Natário Barbosa	Individual	Senior Masculino	03:17:33	+01:10:47	07:54
50	112	Nelson Silva	Individual	Senior Masculino	03:18:04	+01:11:18	07:55
51	105	Luis Teixeira	Individual	Senior Masculino	03:18:25	+01:11:39	07:56
52	103	Jorge Borges	Individual	Senior Masculino	03:21:59	+01:15:13	08:05
53	111	Miguel Seca	Individual	Senior Masculino	03:22:59	+01:16:13	08:07
54	90	Cláudio André Oliveira Trigais	Individual	Senior Masculino	03:23:00	+01:16:14	08:07
55	118	Pedro Nogueira	Individual	Senior Masculino	03:23:42	+01:16:56	08:09
56	199	Pedro Nogueira	Marco Runners	Senior Masculino	03:25:15	+01:18:29	08:13
57	67	Pedro Matos	GONDOMAR FUTSAL CLUBE	Senior Masculino	03:27:31	+01:20:45	08:18
58	125	Telmo Mendonça	Individual	Senior Masculino	03:27:31	+01:20:45	08:18
59	216	João Vitor Ribeiro Moura Pinto	NO TOMORROW RUNNING TEAM	Senior Masculino	03:27:34	+01:20:48	08:18
60	203	Vitor Hugo Queiros	Marco Trail Running	Senior Masculino	03:30:06	+01:23:20	08:24
61	97	Filipe Machado	Nascidos para Correr	Senior Masculino	03:30:45	+01:23:59	08:26
62	197	Nuno Amorim	Marco Runners	Senior Masculino	03:30:54	+01:24:08	08:26
63	124	Silvio Rodrigues de Sá	Individual	Senior Masculino	03:31:22	+01:24:36	08:27
64	243	Ricardo Trigo	STEP BY STEP	Senior Masculino	03:36:39	+01:29:53	08:40

Trail Longo 25Km

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

65	242	Helder Pinto	STEP BY STEP	Senior Masculino	03:36:39	+01:29:53	08:40
66	115	Nuno Silva	Individual	Senior Masculino	03:37:01	+01:30:15	08:41
67	101	João Silva	Individual	Senior Masculino	03:37:01	+01:30:15	08:41
68	193	Sérgio Chacim	Magical Mushrooms	Senior Masculino	03:45:11	+01:38:25	09:00
69	89	Bruno Sousa	Individual	Senior Masculino	03:48:59	+01:42:13	09:10
70	114	Nuno Silva	Individual	Senior Masculino	03:50:59	+01:44:13	09:14
71	94	Fernando alves	Individual	Senior Masculino	03:51:02	+01:44:16	09:14
72	85	Bruno Daniel Nunes Machado	Individual	Senior Masculino	03:51:02	+01:44:16	09:14
73	116	Paulo Alves	Individual	Senior Masculino	03:51:02	+01:44:16	09:14
74	86	Bruno Machado	Individual	Senior Masculino	03:51:02	+01:44:16	09:14
75	192	Helder Silva	LA Zinco	Senior Masculino	03:52:58	+01:46:12	09:19
76	120	Ricardo Sousa	Individual	Senior Masculino	03:54:03	+01:47:17	09:22
77	198	Pedro Miranda	Marco Runners	Senior Masculino	03:54:28	+01:47:42	09:23
78	239	Pedro Salgueiro	Sawadee	Senior Masculino	03:54:45	+01:47:59	09:23
79	207	miguel pinto	Monte dos Amigos	Senior Masculino	03:54:57	+01:48:11	09:24
80	208	vitor costa	Monte dos Amigos	Senior Masculino	03:54:57	+01:48:11	09:24
81	195	João Bernardes	Marco Runners	Senior Masculino	03:55:43	+01:48:57	09:26
82	100	Joao Pedro Monteiro	Individual	Senior Masculino	04:02:15	+01:55:29	09:41
83	16	Ricardo Tavares	As Belas e Eles	Senior Masculino	04:08:24	+02:01:38	09:56
84	15	Ricardo Magalhães	As Belas e Eles	Senior Masculino	04:08:24	+02:01:38	09:56
85	123	sergio sousa silva	Individual	Senior Masculino	04:13:43	+02:06:57	10:09
86	122	sergio soares	Individual	Senior Masculino	04:13:43	+02:06:57	10:09
87	226	André Barros	Os Atletas	Senior Masculino	04:28:21	+02:21:35	10:44
88	227	Ricardo Fonseca	Os Atletas	Senior Masculino	04:28:21	+02:21:35	10:44
89	228	Ricas Almeida	Os Atletas	Senior Masculino	04:28:21	+02:21:35	10:44
90	91	Daniel Pinto	Individual	Senior Masculino	04:30:05	+02:23:19	10:48

Veterana F40

1	1	Lucinda Sousa	GONDOMAR FUTSAL CLUBE	Veterana F40	02:31:54		06:05
2	130	Sandra Maria Lopes Arribança	Individual	Veterana F40	02:59:58	+28:04	07:12
3	128	carla sousa	Individual	Veterana F40	03:03:19	+31:25	07:20
4	18	Maria Augusta da Costa Loureiro	Associação Desportiva de Cabroelo	Veterana F40	03:10:52	+38:58	07:38
5	26	Sandra Oliveira	BUDEGUITA RUNNERS	Veterana F40	04:33:10	+02:01:16	10:56

Veterana F45

1	131	Isaura de Almeida	Individual	Veterana F45	04:18:43		10:21
2	132	Maria da Luz Olivença	Individual	Veterana F45	04:30:05	+11:22	10:48

Veterana F50

1	212	Rosa Costa	Moreira Relax Runners	Veterana F50	04:51:51		11:40

Trail Longo 25Km

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterano M40

1	214	Luis Gil	multipower gaia trail	Veterano M40	02:11:58		05:17
2	71	joaquim manuel martins de freitas	Grupo Dramático e Recreativo da Retorta	Veterano M40	02:23:36	+11:38	05:45
3	63	Paulo Machado	Ginasio Fit4Fun	Veterano M40	02:32:41	+20:43	06:06
4	248	Patrick Marques	Trail Running btt Sanguêdo	Veterano M40	02:37:25	+25:27	06:18
5	68	José Paulo Ribeiro	GONDOMAR FUTSAL CLUBE	Veterano M40	02:39:40	+27:42	06:23
6	17	Carlos Fernandes	As Belas e Eles	Veterano M40	02:42:25	+30:27	06:30
7	140	Francisco Pinheiro	Individual	Veterano M40	02:43:09	+31:11	06:32
8	150	Luís Miguel Mendes Sá	Individual	Veterano M40	02:48:42	+36:44	06:45
9	237	Rui Pedro Ferreira Alves	RUNRIVER - Escola de Atletismo de Rio Tinto	Veterano M40	02:52:27	+40:29	06:54
10	6	Leonel Neves	ALIANÇA DE GANDRA	Veterano M40	02:54:23	+42:25	06:59
11	142	Hugo Alexandre Silva Santos Amaro	Individual	Veterano M40	03:00:05	+48:07	07:12
12	163	Valter Guedes	Individual	Veterano M40	03:00:31	+48:33	07:13
13	186	Joao Paulo Costa Oliveira	Juventude Cortegacense	Veterano M40	03:01:22	+49:24	07:15
14	278	José Pedro Silva	Individual	Veterano M40	03:03:28	+51:30	07:20
15	138	Armando Fontão	Individual	Veterano M40	03:05:54	+53:56	07:26
16	241	João Cardoso	SS MONTEPIO	Veterano M40	03:07:58	+56:00	07:31
17	31	Fernando Lopes	CDC Running Team	Veterano M40	03:11:50	+59:52	07:40
18	280	António Jorge da Costa Cunha	Ginasio Fit4Fun	Veterano M40	03:13:03	+01:01:05	07:43
19	188	Julio Paulo Soares da Silva	Juventude Cortegacense	Veterano M40	03:13:32	+01:01:34	07:44
20	161	Rui Pedro Pena	Individual	Veterano M40	03:14:26	+01:02:28	07:47
21	135	Alberto Guimaraes	Individual	Veterano M40	03:16:14	+01:04:16	07:51
22	152	Miguel Moura	Individual	Veterano M40	03:16:47	+01:04:49	07:52
23	158	pedro mouro	Individual	Veterano M40	03:18:11	+01:06:13	07:56
24	231	Vitor Andrade	PAREDES AVENTURA	Veterano M40	03:18:36	+01:06:38	07:57
25	230	Fernando Salvador	PAREDES AVENTURA	Veterano M40	03:18:37	+01:06:39	07:57
26	154	Nuno Jose Fonseca Freitas	Individual	Veterano M40	03:20:25	+01:08:27	08:01
27	137	António Martins	Individual	Veterano M40	03:24:43	+01:12:45	08:11
28	148	LUIS ALMEIDA	Individual	Veterano M40	03:25:24	+01:13:26	08:13
29	141	Henrique Marques	Individual	Veterano M40	03:25:32	+01:13:34	08:13
30	153	NELSON CASTRO	Individual	Veterano M40	03:25:34	+01:13:36	08:13
31	151	Mário Ferreira	Individual	Veterano M40	03:30:55	+01:18:57	08:26
32	143	João Vasco Ferreira	Individual	Veterano M40	03:32:38	+01:20:40	08:30
33	204	JOSÉ CARRIÇO	MEDICINA DO EXERCÍCIO-CLINICA DE GONDOMAR	Veterano M40	03:35:17	+01:23:19	08:37
34	244	Ivo Almeida	STEP BY STEP	Veterano M40	03:36:39	+01:24:41	08:40
35	39	Paulo Neta	Clube Zupper	Veterano M40	03:37:03	+01:25:05	08:41
36	155	Paulo Costa	Individual	Veterano M40	03:50:38	+01:38:40	09:14
37	209	jorge pinheiro	Monte dos Amigos	Veterano M40	03:54:57	+01:42:59	09:24
38	162	Sérgio Hugo Oliveira de Faria Ricardo	Individual	Veterano M40	03:58:44	+01:46:46	09:33
39	145	jorge Monteiro	Individual	Veterano M40	03:58:45	+01:46:47	09:33
40	134	Adalberto Correia Lima Pinto Figueiredo	Individual	Veterano M40	04:06:16	+01:54:18	09:51
41	146	jorge soares	Individual	Veterano M40	04:30:21	+02:18:23	10:49

Trail Longo 25Km

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterano M45

1	33	Antonio Martins	CENTRO CICLISTA DE GONDOMAR	Veterano M45	02:12:52		05:19
2	32	Asdrubal Freitas	CENTRO CICLISTA DE GONDOMAR	Veterano M45	02:13:46	+00:54	05:21
3	215	joaquim pereira	multipower gaia trail	Veterano M45	02:31:48	+18:56	06:04
4	11	Jorge Manuel Barbosa Moreira	AMIGOS DO PEDAL TRAILAGARES	Veterano M45	02:32:05	+19:13	06:05
5	34	Paulo Oliveira	CENTRO CICLISTA DE GONDOMAR	Veterano M45	02:49:05	+36:13	06:46
6	40	Paulo Ferreira	CTRVC	Veterano M45	02:52:53	+40:01	06:55
7	165	Henrique Santos	Individual	Veterano M45	02:57:16	+44:24	07:05
8	170	Sérgio Anunciação	Individual	Veterano M45	03:00:25	+47:33	07:13
9	171	Vítor coelho	Individual	Veterano M45	03:20:21	+01:07:29	08:01
10	169	Pedro costa ferreira	Individual	Veterano M45	03:28:24	+01:15:32	08:20
11	166	José Durães Gonçalves	Individual	Veterano M45	03:44:28	+01:31:36	08:59
12	69	Paulo Gama	GONDOMAR FUTSAL CLUBE	Veterano M45	03:46:57	+01:34:05	09:05

Veterano M50

1	2	David Tavares	CENTRO CICLISTA DE GONDOMAR	Veterano M50	02:27:54		05:55
2	35	Vitor Manuel Soua	CENTRO CICLISTA DE GONDOMAR	Veterano M50	02:38:13	+10:19	06:20
3	232	Jose Oliveira	PETRO BASTO	Veterano M50	02:38:17	+10:23	06:20
4	175	Paulo Marçal	Individual	Veterano M50	02:48:19	+20:25	06:44
5	173	Dionísio Manuel Correia Sousa	Individual	Veterano M50	02:49:23	+21:29	06:47
6	176	Vitor Manuel Barbosa Moreira	Individual	Veterano M50	03:00:31	+32:37	07:13
7	236	Alcino Vieira	POTEEENTES - Fitspot Parque Nascente	Veterano M50	03:08:52	+40:58	07:33
8	210	paulo graça	Monte dos Amigos	Veterano M50	03:13:31	+45:37	07:44
9	172	António Pais	Individual	Veterano M50	03:16:47	+48:53	07:52
10	174	José Ferreira	Individual	Veterano M50	03:32:38	+01:04:44	08:30
11	217	José Rodrigues	Not Run Alone	Veterano M50	03:52:11	+01:24:17	09:17

Veterano M55

1	20	Manuel Sousa	ASSOCIAÇÃO RECREATIVA LUZ E VIDA GONDOMARENSE	Veterano M55	02:18:00		05:31
2	70	António Rocha	GONDOMAR FUTSAL CLUBE	Veterano M55	02:38:12	+20:12	06:20
3	19	António Rocha	ASSOCIAÇÃO RECREATIVA LUZ E VIDA GONDOMARENSE	Veterano M55	02:42:29	+24:29	06:30
4	45	JOSÉ DUARTE	FAMILIA PEREIRA	Veterano M55	03:34:37	+01:16:37	08:35
5	36	Serafim Ramos	Clube do Pessoal EDP - Porto	Veterano M55	03:44:12	+01:26:12	08:58

Trail Longo 25Km

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterano M60

1	229	Lino Moreira	Os TurboMula	Veterano M60	03:15:54		07:50
2	179	josé moura de sousa	Individual	Veterano M60	03:54:01	+38:07	09:22

COLETIVA 25KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	CENTRO CICLISTA DE GONDOMAR	3 + 4 + 10	17
2	Oralklass-Amigos do Trail	7 + 12 + 13	32
3	AMIGOS DO PEDAL TRAILAGARES	1 + 17 + 30	48
4	multipower gaia trail	2 + 14 + 37	53
5	GONDOMAR FUTSAL CLUBE	16 + 24 + 29	69
6	ASSOCIAÇÃO RECREATIVA LUZ E VIDA GONDOMARENSE	6 + 34 + 46	86
7	Ginasio Fit4Fun	18 + 54 + 55	127
8	Juventude Cortegacense	47 + 67 + 90	204
9	POTEEENTES - Fitspot Parque Nascente	69 + 70 + 79	218
10	Marco Runners	66 + 80 + 116	262
11	Monte dos Amigos	38 + 89 + 158	285
12	As Belas e Eles	32 + 166 + 167	365
13	STEP BY STEP	134 + 135 + 136	405
14	BUDEGUITA RUNNERS	57 + 178 + 179	414
15	Os Atletas	172 + 173 + 174	519

Trail da Filigrana
Gondomar, PT
10-January-2016

TRAIL CURTO 15KM - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	10.9ºC	100%
End	14:03	12.1ºC	99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1668	Bruno Silva	oralklass-amigos do trail	Senior Masculino	01:21:28		05:26
2	1665	António Braziela	oralklass-amigos do trail	Senior Masculino	01:21:29	+00:01	05:26
3	1535	Ismael Querós	sl benfica	Senior Masculino	01:25:47	+04:19	05:43
4	1517	Belmiro Moreira Ferreira	individual	Veterano M50	01:26:12	+04:44	05:45
5	1598	Rafael Cruz	melres trail running	Senior Masculino	01:28:17	+06:49	05:53
6	1111	João Moita	clube zupper	Senior Masculino	01:29:39	+08:11	05:59
7	1564	Abilio Ribeiro	lusitanos	Veterano M40	01:30:51	+09:23	06:03
8	1116	Nuno Carneiro	clube zupper	Senior Masculino	01:31:09	+09:41	06:05
9	1646	Nuno Cardoso	onesoul crossfit	Senior Masculino	01:31:19	+09:51	06:05
10	1159	Rogério Moreira	douroconta trail team	Senior Masculino	01:32:00	+10:32	06:08
11	1671	Filipe Carneiro	oralklass-amigos do trail	Senior Masculino	01:35:21	+13:53	06:21
12	1666	Antonio Pinto	oralklass-amigos do trail	Senior Masculino	01:36:16	+14:48	06:25
13	1287	Cesar Duarte	individual	Senior Masculino	01:36:19	+14:51	06:25
14	1316	António Pinto	mocidade s. gemil	Senior Masculino	01:36:29	+15:01	06:26
15	1030	José Neves	aliança de gandra	Veterano M40	01:37:50	+16:22	06:31
16	1160	Tiago Pinto	douroconta trail team	Senior Masculino	01:37:58	+16:30	06:32
17	1118	Nuno Ribeiro	clube zupper	Senior Masculino	01:39:01	+17:33	06:36
18	1068	Modesto Vieira	casa do povo de soalhães	Veterano M50	01:39:04	+17:36	06:36
19	1158	Bruno Santos	douroconta trail team	Senior Masculino	01:39:27	+17:59	06:38
20	1181	Ricardo Pais	ermidafit runners	Senior Masculino	01:39:39	+18:11	06:39
21	1853	Fernando Figueiredo	gondomar futsal clube	Veterano M40	01:39:44	+18:16	06:39
22	1141	Paulo Pereira	clube zupper	Veterano M40	01:40:08	+18:40	06:41
23	1349	Hélder Ribeiro	airorun	Senior Masculino	01:40:20	+18:52	06:41
24	1565	Adriano Oliveira	lusitanos	Veterano M45	01:40:32	+19:04	06:42
25	1067	Aurélio Vieira	casa do povo de soalhães	Veterano M40	01:41:03	+19:35	06:44
26	1386	Nuno Miguel Carvalho da Silva	individual	Senior Masculino	01:41:38	+20:10	06:47
27	1673	José Neto	oralklass-amigos do trail	Senior Masculino	01:41:38	+20:10	06:47
28	1011	paulo pereira	airorun	Veterano M40	01:42:29	+21:01	06:50
29	1680	Orlando Nogueira	oralklass-amigos do trail	Veterano M40	01:43:09	+21:41	06:53
30	1203	paulo sousa	fridão sem limites	Veterano M40	01:43:15	+21:47	06:53
31	1802	António Jesus	team rede ambiente	Veterano M40	01:43:53	+22:25	06:56
32	1562	Nelson Pires	lusitanos	Senior Masculino	01:44:17	+22:49	06:57
33	1729	Avelino Martins	petro basto	Veterano M55	01:44:30	+23:02	06:58
34	1012	francisco pereira	airorun	Veterano M45	01:45:57	+24:29	07:04
35	1406	Rafael campos dos santos	individual	Senior Masculino	01:46:22	+24:54	07:05
36	1138	Madureira Rodrigues	clube zupper	Veterano M40	01:46:37	+25:09	07:06
37	1101	André Sousa	clube zupper	Senior Masculino	01:46:44	+25:16	07:07
38	1152	Rui Andrade	crocodilos - trail running	Veterano M40	01:46:52	+25:24	07:07
39	1171	Luis Neves	equipotencia	Senior Masculino	01:47:10	+25:42	07:09
40	1161	Vítor Rio	douroconta trail team	Senior Masculino	01:47:11	+25:43	07:09
41	1612	Paulo Ferreira	metralhas runners	Veterano M45	01:47:38	+26:10	07:11
42	1674	José Santos	oralklass-amigos do trail	Senior Masculino	01:47:59	+26:31	07:12

TRAIL CURTO 15KM - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	1042	JOAQUIM FERNANDES	amigos do atletismo magna	Senior Masculino	01:48:47	+27:19	07:15
44	1044	ABÍLIO TAVARES	amigos do atletismo magna	Veterano M50	01:48:47	+27:19	07:15
45	1110	João Carolo	clube zupper	Senior Masculino	01:49:14	+27:46	07:17
46	1140	Marco Vieira	clube zupper	Veterano M40	01:49:14	+27:46	07:17
47	1676	Mario Taborda	oralklass-amigos do trail	Senior Masculino	01:49:42	+28:14	07:19
48	1102	Cristiano Nogueira	clube zupper	Senior Masculino	01:49:49	+28:21	07:19
49	1503	Laurindo Osório	individual	Veterano M45	01:50:01	+28:33	07:20
50	1525	carlos alberto frazao fazendeiro	individual	Veterano M55	01:50:14	+28:46	07:21
51	1187	Manuel Oliveira	espinho runners	Veterano M45	01:50:14	+28:46	07:21
52	1844	António Teixeira	zupper	Veterano M55	01:50:32	+29:04	07:22
53	1539	Bruno coutada	invictus oporto team	Veterano M40	01:50:46	+29:18	07:23
54	1645	João Jaques	olímpico vianense trail/nd sport	Veterano M45	01:50:50	+29:22	07:23
55	1145	Paulo Domingues	clube zupper	Veterano M45	01:50:53	+29:25	07:24
56	1494	Alcino Gomes	individual	Veterano M45	01:50:59	+29:31	07:24
57	1117	Nuno Cunha	clube zupper	Senior Masculino	01:51:07	+29:39	07:24
58	1202	Ricardo Miguel Magalhães Nunes	fridão sem limites	Senior Masculino	01:51:32	+30:04	07:26
59	1372	Josué Alberto França Moreira	individual	Senior Masculino	01:51:34	+30:06	07:26
60	1122	Pedro Cancelo	clube zupper	Senior Masculino	01:51:37	+30:09	07:26
61	1667	Bruno Pinto	oralklass-amigos do trail	Senior Masculino	01:51:43	+30:15	07:27
62	1013	jose pereira	airorun	Veterano M45	01:51:58	+30:30	07:28
63	1045	MAXIMIANO BORGES	amigos do atletismo magna	Veterano M50	01:52:10	+30:42	07:29
64	1014	luis mota	airorun	Veterano M45	01:52:38	+31:10	07:31
65	1800	Marcio Rocha	team rede ambiente	Senior Masculino	01:52:45	+31:17	07:31
66	1662	Rita Loureiro	oralklass-amigos do trail	Senior Feminino	01:52:46	+31:18	07:31
67	1664	Andre Nogueira	oralklass-amigos do trail	Senior Masculino	01:52:46	+31:18	07:31
68	1580	Bento morais	amigos do atletismo magna	Veterano M50	01:53:20	+31:52	07:33
69	1097	Daniela Alves	clube zupper	Senior Feminino	01:53:36	+32:08	07:34
70	1112	João Ramos	clube zupper	Senior Masculino	01:53:41	+32:13	07:35
71	1108	Hugo Moita	clube zupper	Senior Masculino	01:53:41	+32:13	07:35
72	1046	ALEXANDRE SILVA	amigos do atletismo magna	Veterano M55	01:54:02	+32:34	07:36
73	1416	Rui Gomes	individual	Senior Masculino	01:54:10	+32:42	07:37
74	1197	Joaquim mota	fanecateam	Senior Masculino	01:54:18	+32:50	07:37
75	1547	Rui Pedro Almeida Galante	juventude cortegacense	Veterano M40	01:54:18	+32:50	07:37
76	1031	Fernando Oliveira	aliança de gandra	Veterano M45	01:54:51	+33:23	07:39
77	1021	Agostinho Sousa	aliança de gandra	Senior Masculino	01:54:51	+33:23	07:39
78	1259	Anabela Freitas	individual	Senior Feminino	01:55:04	+33:36	07:40
79	1066	Leandro Queirós	casa do povo de soalhães	Senior Masculino	01:55:27	+33:59	07:42
80	1569	Sérgio Costa	lusos xxi	Senior Masculino	01:55:58	+34:30	07:44
81	1060	Francisco Teixeira	associação recreativa luz e vida gondomarense	Veterano M45	01:56:00	+34:32	07:44
82	1127	Rui Carolo	clube zupper	Senior Masculino	01:56:18	+34:50	07:45
83	1153	José Carlos Dias	ctad - trilhos de cinfães	Veterano M45	01:56:25	+34:57	07:46
84	1538	Angêlo Vaz	invictus oporto team	Senior Masculino	01:56:31	+35:03	07:46
85	1660	Maria Gonçalves	oralklass-amigos do trail	Senior Feminino	01:56:32	+35:04	07:46
86	1482	Mike Dias	individual	Veterano M40	01:56:46	+35:18	07:47
87	1076	José Regueiras	ccdfpjp	Veterano M45	01:57:08	+35:40	07:49

TRAIL CURTO 15KM - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
88	1103	Duarte Delgado	clube zupper	Senior Masculino	01:57:25	+35:57	07:50
89	1841	Rui Coelho	usf ts	Veterano M60	01:57:45	+36:17	07:51
90	1225	Helder Vieira	gondomar futsal clube	Veterano M45	01:57:52	+36:24	07:51
91	1675	Luis Lopes	oralklass-amigos do trail	Senior Masculino	01:57:59	+36:31	07:52
92	1706	claudio taveira	os quarentões	Senior Masculino	01:58:05	+36:37	07:52
93	1708	carlos silva	os quarentões	Veterano M40	01:58:05	+36:37	07:52
94	1715	vitor barroso	os quarentões	Veterano M40	01:58:05	+36:37	07:52
95	1655	Pedro Guimaraes	oporto marvel boys	Veterano M40	01:58:32	+37:04	07:54
96	1324	Carlos Daniel Oliveira Campos	individual	Senior Masculino	01:58:45	+37:17	07:55
97	1778	Hermengardo Silva	run4fun	Veterano M40	01:58:49	+37:21	07:55
98	1119	Nuno Sousa	clube zupper	Senior Masculino	01:59:03	+37:35	07:56
99	1457	Abilio Martins Almeida	individual	Veterano M40	01:59:08	+37:40	07:57
100	1073	Nuno Almeida	ccdfpjp	Senior Masculino	01:59:28	+38:00	07:58
101	1218	Manuel Silva	gondomar futsal clube	Senior Masculino	01:59:30	+38:02	07:58
102	1213	Joana Cardoso	gondomar futsal clube	Senior Feminino	01:59:31	+38:03	07:58
103	1410	Ricardo Morais da Costa Nogueira	individual	Senior Masculino	01:59:42	+38:14	07:59
104	1430	Tiago Miguel Oliveira de Sousa	individual	Senior Masculino	01:59:50	+38:22	07:59
105	1392	Paulo Araújo	individual	Senior Masculino	01:59:51	+38:23	07:59
106	1231	Fernando Ferreira	gondomar futsal clube	Veterano M50	02:00:06	+38:38	08:00
107	1157	Armando Fonseca	douroconta trail team	Senior Masculino	02:00:08	+38:40	08:01
108	1065	Alexandre Moreira	bodystation runners pro	Veterano M40	02:00:10	+38:42	08:01
109	1064	Filipe Ferreira	bodystation runners pro	Senior Masculino	02:00:10	+38:42	08:01
110	1799	vitor cruz	team javali	Senior Masculino	02:00:18	+38:50	08:01
111	1320	Bruno Ramiro	individual	Senior Masculino	02:01:08	+39:40	08:05
112	1669	David Morais	oralklass-amigos do trail	Senior Masculino	02:01:27	+39:59	08:06
113	1015	jose araujo	airorun	Veterano M50	02:01:35	+40:07	08:06
114	1653	Emanuel Ramos	oporto marvel boys	Senior Masculino	02:01:40	+40:12	08:07
115	1641	Jorge Cunha	nice runners	Veterano M40	02:01:53	+40:25	08:08
116	1359	João Pedro Correia Silva	individual	Senior Masculino	02:02:30	+41:02	08:10
117	1798	JOAO SILVA	team javali	Senior Masculino	02:02:59	+41:31	08:12
118	1751	Daniela Gregório	poteeentes - fitspot parque nascente	Senior Feminino	02:03:13	+41:45	08:13
119	1394	Paulo Pinho	individual	Senior Masculino	02:03:17	+41:49	08:13
120	1566	Paulo Azevedo	lusitanos	Veterano M45	02:03:28	+42:00	08:14
121	1114	Lano Valente	clube zupper	Senior Masculino	02:03:34	+42:06	08:14
122	1473	Jorge Filipe Jesus Silva	individual	Veterano M40	02:04:23	+42:55	08:18
123	1043	PEDRO SOUSA	amigos do atletismo magna	Senior Masculino	02:04:26	+42:58	08:18
124	1379	Márcio Filipe Castro	individual	Senior Masculino	02:04:31	+43:03	08:18
125	1126	Rui Neves	clube zupper	Senior Masculino	02:04:45	+43:17	08:19
126	1657	João Gabriel Almeida Amaro Neves	opticália	Veterano M45	02:04:49	+43:21	08:19
127	1465	helder silva	individual	Veterano M40	02:05:10	+43:42	08:21
128	1594	André Azevedo	melres trail running	Senior Masculino	02:05:29	+44:01	08:22
129	1656	Rui Miguel Moreira Mota Santos	opticália	Veterano M40	02:05:29	+44:01	08:22
130	1361	Joaquim Alves	individual	Senior Masculino	02:05:30	+44:02	08:22
131	1374	Leonardo Costa	individual	Senior Masculino	02:05:52	+44:24	08:23
132	1679	José Ferreira	oralklass-amigos do trail	Veterano M40	02:06:03	+44:35	08:24
133	1323	BRUNO SOUSA	individual	Senior Masculino	02:06:13	+44:45	08:25

TRAIL CURTO 15KM - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
134	1357	Joao barbosa	individual	Senior Masculino	02:06:13	+44:45	08:25
135	1378	Manuel Barbosa	individual	Senior Masculino	02:06:13	+44:45	08:25
136	1745	Laurindo Gomes	porto sentido	Veterano M40	02:06:16	+44:48	08:25
137	1499	FERNANDO MORAIS	individual	Veterano M45	02:06:40	+45:12	08:27
138	1389	Nuno Santos	individual	Senior Masculino	02:07:05	+45:37	08:28
139	1678	Ruben Martins	oralklass-amigos do trail	Senior Masculino	02:07:30	+46:02	08:30
140	1728	Henrique Velon	petro basto	Senior Masculino	02:07:36	+46:08	08:30
141	1419	Rui Pedro Reis	individual	Senior Masculino	02:07:37	+46:09	08:30
142	1415	Rui Filipe Fernandes de Vasconcelos Rocha	individual	Senior Masculino	02:08:10	+46:42	08:33
143	1725	David Filipe Todo Bom Polido	passa montanha	Senior Masculino	02:08:27	+46:59	08:34
144	1532	Nuno Lacerda	individual	Veterano M55	02:08:31	+47:03	08:34
145	1109	Ivo Figueiroa	clube zupper	Senior Masculino	02:08:47	+47:19	08:35
146	1747	Ernesto Ribeiro	porto sentido	Veterano M45	02:09:03	+47:35	08:36
147	1340	Filipe Cordeiro	individual	Senior Masculino	02:09:08	+47:40	08:37
148	1663	Pedro Seixas	oralklass-amigos do trail	Veterano M40	02:09:53	+48:25	08:40
149	1148	António Barbosa	clube zupper	Veterano M55	02:10:07	+48:39	08:40
150	1007	Roberto Feitas	a.d sebolido trail boneca d´ouro	Senior Masculino	02:10:26	+48:58	08:42
151	1695	Carlos Samagaio	os imbatíveis	Senior Masculino	02:10:42	+49:14	08:43
152	1701	Carlos Araújo	os imbatíveis	Veterano M40	02:10:43	+49:15	08:43
153	1449	Flor Madureira	individual	Veterana F45	02:10:49	+49:21	08:43
154	1827	Ricardo	transpousada trail team	Senior Masculino	02:10:59	+49:31	08:44
155	1206	Carlos Ferreira	gd bpi	Veterano M50	02:11:05	+49:37	08:44
156	1448	FÁTIMA COELHO	individual	Veterana F45	02:11:05	+49:37	08:44
157	1142	Sérgio Geraldes	clube zupper	Veterano M40	02:11:05	+49:37	08:44
158	1683	serafim fonseca	os amigos de s.pedro da cova	Veterano M60	02:11:13	+49:45	08:45
159	1352	Hugo André Vaz Faria Couto	individual	Senior Masculino	02:11:43	+50:15	08:47
160	1338	Fernando Moreira	individual	Senior Masculino	02:11:43	+50:15	08:47
161	1401	Pedro Miguel Garcia Alves	individual	Senior Masculino	02:11:44	+50:16	08:47
162	1010	deolinda faria	airorun	Veterana F45	02:11:50	+50:22	08:47
163	1125	Ricardo Soares	clube zupper	Senior Masculino	02:12:12	+50:44	08:49
164	1230	Pedro Sousa	gondomar futsal clube	Veterano M45	02:12:14	+50:46	08:49
165	1217	José Conceição	gondomar futsal clube	Senior Masculino	02:12:14	+50:46	08:49
166	1186	Vitor Andrade	ermidafit runners	Veterano M45	02:12:44	+51:16	08:51
167	1757	Miguel Almeida	poteeentes - fitspot parque nascente	Veterano M50	02:13:00	+51:32	08:52
168	1354	Hugo Moreira	individual	Senior Masculino	02:13:34	+52:06	08:54
169	1477	lourenço cardoso	individual	Veterano M40	02:14:09	+52:41	08:57
170	1548	Ernesto Marques Alves	juventude cortegacense	Veterano M45	02:14:10	+52:42	08:57
171	1356	Ivo Martins	individual	Senior Masculino	02:14:11	+52:43	08:57
172	1423	Sergio FIlipe Maia de Sousa	individual	Senior Masculino	02:14:35	+53:07	08:58
173	1842	Paulo Vaz	vaz & vaz	Veterano M40	02:14:52	+53:24	08:59
174	1399	Pedro Daniel Alves da Silva	individual	Senior Masculino	02:15:29	+54:01	09:02
175	1492	TEOFILO FREITAS	individual	Veterano M40	02:15:46	+54:18	09:03
176	1393	Paulo Paixão	individual	Senior Masculino	02:15:50	+54:22	09:03
177	1654	Nuno Duarte	oporto marvel boys	Senior Masculino	02:15:54	+54:26	09:04
178	1204	Jorge Silva	gd bpi	Veterano M40	02:15:55	+54:27	09:04

TRAIL CURTO 15KM - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
179	1308	Alberto Jorge Barros Silva	individual	Senior Masculino	02:15:59	+54:31	09:04
180	1650	Manuel Vieira	oporto blue whippets	Senior Masculino	02:16:07	+54:39	09:04
181	1649	José Amorim	oporto blue whippets	Senior Masculino	02:16:07	+54:39	09:04
182	1816	V73	trailletra	Senior Masculino	02:16:11	+54:43	09:05
183	1163	Rui Marques	douroconta trail team	Veterano M40	02:16:21	+54:53	09:05
184	1104	Filipe Mendes	clube zupper	Senior Masculino	02:16:40	+55:12	09:07
185	1460	Delfim Antonio Ferreira Nunes	individual	Veterano M40	02:16:52	+55:24	09:07
186	1466	Henrique Sobral	individual	Veterano M40	02:16:54	+55:26	09:08
187	1496	Armando Moreira	individual	Veterano M45	02:17:06	+55:38	09:08
188	1106	Hélder Vieira	clube zupper	Senior Masculino	02:17:29	+56:01	09:10
189	1092	Artur Jorge Pereira	clube de pesca de amarante	Senior Masculino	02:17:45	+56:17	09:11
190	1135	Fernando Carneiro	clube zupper	Veterano M40	02:17:58	+56:30	09:12
191	1726	Rui Filipe Passeira Polido	passa montanha	Senior Masculino	02:18:18	+56:50	09:13
192	1727	Sérgio Filipe Leite Oliveira	passa montanha	Senior Masculino	02:18:18	+56:50	09:13
193	1128	Tiago Ramalho	clube zupper	Senior Masculino	02:18:18	+56:50	09:13
194	1147	José Martins	clube zupper	Veterano M50	02:18:19	+56:51	09:13
195	1322	Bruno Rodrigues	individual	Senior Masculino	02:18:53	+57:25	09:16
196	1048	Maria José Pereira Leão	amigos do pedal trailagares	Senior Feminino	02:19:06	+57:38	09:16
197	1541	Manuel Ferreira dos Santos Valente Fernandes	juventude cortegacense	Senior Masculino	02:19:09	+57:41	09:17
198	1746	Carlos Martins	porto sentido	Veterano M45	02:19:40	+58:12	09:19
199	1143	Álvaro Pinto	clube zupper	Veterano M45	02:19:43	+58:15	09:19
200	1224	Rosa Mendes	gondomar futsal clube	Veterana F50	02:19:43	+58:15	09:19
201	1507	Paulo Queirós	individual	Veterano M45	02:19:50	+58:22	09:19
202	1023	Francisco Bogalho	aliança de gandra	Senior Masculino	02:20:02	+58:34	09:20
203	1388	Nuno Reis	individual	Senior Masculino	02:20:07	+58:39	09:20
204	1775	Ricardo Vigário	run4fun	Senior Masculino	02:20:47	+59:19	09:23
205	1615	silvio ferreira	mocidade sangemil ac	Senior Masculino	02:20:56	+59:28	09:24
206	1459	Carlos Pereira	individual	Veterano M40	02:21:06	+59:38	09:24
207	1314	António Ferreira	individual	Senior Masculino	02:21:30	+01:00:02	09:26
208	1490	Rui Jorge Moreira Freitas	individual	Veterano M40	02:21:31	+01:00:03	09:26
209	1768	Paulo Costa	rmcosta	Veterano M40	02:21:32	+01:00:04	09:26
210	1803	Bruno Andrade	trailgloditas	Senior Masculino	02:21:41	+01:00:13	09:27
211	1521	José Rodrigues	individual	Veterano M50	02:22:04	+01:00:36	09:28
212	1248	Fernando Vieira Lopes	happyfamily	Veterano M50	02:22:06	+01:00:38	09:28
213	1246	Elisa de Sousa Alves Lopes	happyfamily	Veterana F45	02:22:07	+01:00:39	09:28
214	1444	Sandra Maria Guedes Da Silva Cardoso	individual	Veterana F40	02:22:09	+01:00:41	09:29
215	1355	Ibraim Sousa	individual	Senior Masculino	02:22:09	+01:00:41	09:29
216	1425	Sergio silva	individual	Senior Masculino	02:22:09	+01:00:41	09:29
217	1495	arlindo manuel castro da silva	individual	Veterano M45	02:22:20	+01:00:52	09:29
218	1261	Catarina Figueiredo	individual	Senior Feminino	02:22:23	+01:00:55	09:30
219	1420	Rui Pereira	individual	Senior Masculino	02:22:23	+01:00:55	09:30
220	1026	Alexandra Padilha	aliança de gandra	Veterana F40	02:22:30	+01:01:02	09:30
221	1524	Vitor Manuel Coelho de Almeida	individual	Veterano M50	02:22:34	+01:01:06	09:30
222	1247	Ricardo Jorge Lopes da Mota	happyfamily	Veterano M40	02:22:47	+01:01:19	09:31
223	1742	Avelino Rodrigues	porto sentido	Veterano M40	02:22:59	+01:01:31	09:32

TRAIL CURTO 15KM - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
224	1182	Sérgio Pereira	ermidafit runners	Senior Masculino	02:23:00	+01:01:32	09:32
225	1177	Telma Duarte	ermidafit runners	Senior Feminino	02:23:00	+01:01:32	09:32
226	1185	Luís Coelho	ermidafit runners	Veterano M40	02:23:00	+01:01:32	09:32
227	1567	Fernando Rodrigues	lusitanos	Veterano M50	02:23:16	+01:01:48	09:33
228	1831	Isaura Gomes	uma vez perdi-me no monte	Veterana F50	02:23:17	+01:01:49	09:33
229	1811	Bruno Monteiro	trailletra	Senior Masculino	02:23:17	+01:01:49	09:33
230	1661	Patricia Santos	oralklass-amigos do trail	Senior Feminino	02:23:23	+01:01:55	09:34
231	1788	Paulo Melo	soldado desconhecido	Veterano M45	02:23:38	+01:02:10	09:35
232	1310	André Cunha	individual	Senior Masculino	02:23:38	+01:02:10	09:35
233	1375	Levi Filipe Pinto Arrepia	individual	Senior Masculino	02:23:38	+01:02:10	09:35
234	1555	Abilio Soares	lá vamos nós....chegamos ao fim	Veterano M60	02:23:47	+01:02:19	09:35
235	1281	Márcia Ribeiro da Silva	individual	Senior Feminino	02:23:52	+01:02:24	09:35
236	1761	Paulo Ribeiro	radio jornal fm runners	Veterano M40	02:24:03	+01:02:35	09:36
237	1139	Manuel Cardoso	clube zupper	Veterano M40	02:24:27	+01:02:59	09:38
238	1162	Marco Castro	douroconta trail team	Veterano M40	02:24:28	+01:03:00	09:38
239	1431	Tiago Sousa	individual	Senior Masculino	02:24:47	+01:03:19	09:39
240	1461	Eduardo Nascimento	individual	Veterano M40	02:24:56	+01:03:28	09:40
241	1640	Pedro Alves	nice runners	Senior Masculino	02:25:01	+01:03:33	09:40
242	1713	lucio ribeiro	os quarentões	Veterano M40	02:25:02	+01:03:34	09:40
243	1115	Nelson Correia	clube zupper	Senior Masculino	02:25:02	+01:03:34	09:40
244	1608	Filipe Pinto	metralhas runners	Senior Masculino	02:25:03	+01:03:35	09:40
245	1472	Joaquim Paulo da Rocha Ferreira	individual	Veterano M40	02:25:08	+01:03:40	09:41
246	1382	Mário Soares	individual	Senior Masculino	02:25:10	+01:03:42	09:41
247	1113	Joel Santos	clube zupper	Senior Masculino	02:25:20	+01:03:52	09:41
248	1518	João Carlos Ferreira dos Santos	individual	Veterano M50	02:25:50	+01:04:22	09:43
249	1390	Nuno Teixeira	individual	Senior Masculino	02:25:56	+01:04:28	09:44
250	1681	joão fonseca	os amigos de s.pedro da cova	Senior Masculino	02:26:35	+01:05:07	09:46
251	1801	Osvaldo Ferreira	team rede ambiente	Senior Masculino	02:26:53	+01:05:25	09:48
252	1346	Gilberto Ribeiro	individual	Senior Masculino	02:27:09	+01:05:41	09:49
253	1534	José Ferreira	inimigos do podium	Veterano M45	02:27:11	+01:05:43	09:49
254	1368	José Emanuel Correia Ferreira	individual	Senior Masculino	02:27:23	+01:05:55	09:50
255	1549	Domingos Fernando Oliveira Camboa	juventude cortegacense	Veterano M55	02:27:35	+01:06:07	09:50
256	1504	Luís Gomes	individual	Veterano M45	02:28:24	+01:06:56	09:54
257	1533	Manuel Emidio	individual	Veterano M60	02:28:38	+01:07:10	09:55
258	1267	Cristiana Raquel de Sousa Ferreira	individual	Senior Feminino	02:28:40	+01:07:12	09:55
259	1437	la salete pinto	individual	Veterana F40	02:28:56	+01:07:28	09:56
260	1617	Manuel Pereira	moinhos run	Senior Masculino	02:29:39	+01:08:11	09:59
261	1762	Rui Sá	radio jornal fm runners	Veterano M40	02:29:47	+01:08:19	09:59
262	1216	Bruno Vigário	gondomar futsal clube	Senior Masculino	02:30:25	+01:08:57	10:02
263	1616	Inês Moreira	moinhos run	Senior Feminino	02:30:29	+01:09:01	10:02
264	1843	Hugo Mendes	walk4fun	Senior Masculino	02:30:47	+01:09:19	10:03
265	1475	José Joaquim da Silva Pires	individual	Veterano M40	02:30:47	+01:09:19	10:03
266	1123	Pedro Rodrigues	clube zupper	Senior Masculino	02:30:50	+01:09:22	10:03
267	1232	Manuel Rocha	gondomar futsal clube	Veterano M50	02:30:55	+01:09:27	10:04
268	1696	Joaquim da Silva	os imbatíveis	Senior Masculino	02:30:58	+01:09:30	10:04

TRAIL CURTO 15KM - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
269	1568	Raquel Costa	lusos xxi	Senior Feminino	02:31:05	+01:09:37	10:04
270	1402	PEDRO MIGUEL JORGE NUNES DA SILVA	individual	Senior Masculino	02:31:33	+01:10:05	10:06
271	1488	Ricardo A. Silva Sousa	individual	Veterano M40	02:31:45	+01:10:17	10:07
272	1411	Ricardo Moreira	individual	Senior Masculino	02:31:50	+01:10:22	10:07
273	1659	Joana Gonçalves	oralklass-amigos do trail	Senior Feminino	02:31:53	+01:10:25	10:08
274	1381	Marcos Silva	individual	Senior Masculino	02:31:55	+01:10:27	10:08
275	1758	Ana Campanhã	radio jornal fm runners	Senior Feminino	02:31:59	+01:10:31	10:08
276	1075	Herminio Pinho	ccdfpjp	Veterano M45	02:32:42	+01:11:14	10:11
277	1417	Rui Miranda	individual	Senior Masculino	02:33:39	+01:12:11	10:15
278	1510	Pedro Sá	individual	Veterano M45	02:33:49	+01:12:21	10:15
279	1441	Patrícia Sampaio	individual	Veterana F40	02:33:49	+01:12:21	10:15
280	1328	carlos moreira	individual	Senior Masculino	02:34:08	+01:12:40	10:17
281	1670	Fernando Grabulho	oralklass-amigos do trail	Senior Masculino	02:34:26	+01:12:58	10:18
282	1677	Octávio Mota	oralklass-amigos do trail	Senior Masculino	02:34:26	+01:12:58	10:18
283	1682	emidio pontes	os amigos de s.pedro da cova	Veterano M50	02:34:37	+01:13:09	10:18
284	1345	Gil Silva	individual	Senior Masculino	02:35:11	+01:13:43	10:21
285	1536	Celia Sousa	invictus oporto team	Senior Feminino	02:36:07	+01:14:39	10:24
286	1365	Jorge Lima	individual	Senior Masculino	02:36:07	+01:14:39	10:24
287	1403	PEDRO MIGUEL RAMOS DA COSTA NEVES	individual	Senior Masculino	02:36:19	+01:14:51	10:25
288	1341	Filipe Medeiros Guedes Fonseca	individual	Senior Masculino	02:36:25	+01:14:57	10:26
289	1258	Ana Sofia Moreira Pimentel	individual	Senior Feminino	02:36:26	+01:14:58	10:26
290	1709	helder vieira	os quarentões	Veterano M40	02:36:27	+01:14:59	10:26
291	1252	Ana Filipa Vicente Carapuça	individual	Senior Feminino	02:36:53	+01:15:25	10:28
292	1744	José Ricardo	porto sentido	Veterano M40	02:37:07	+01:15:39	10:28
293	1396	Paulo Sousa	individual	Senior Masculino	02:37:39	+01:16:11	10:31
294	1710	jorge aires	os quarentões	Veterano M40	02:38:16	+01:16:48	10:33
295	1347	Gilberto sousa	individual	Senior Masculino	02:38:18	+01:16:50	10:33
296	1082	Helder Oliveira	chaplin	Senior Masculino	02:38:18	+01:16:50	10:33
297	1391	Nuno Tiago de Sousa Almeida	individual	Senior Masculino	02:39:30	+01:18:02	10:38
298	1493	Tony Cunha	individual	Veterano M40	02:39:48	+01:18:20	10:39
299	1483	Paulo Lara	individual	Veterano M40	02:40:16	+01:18:48	10:41
300	1765	gerson Alves	reis & pombas amigos do trail	Senior Masculino	02:40:19	+01:18:51	10:41
301	1395	paulo roberto sousa pinto	individual	Senior Masculino	02:40:24	+01:18:56	10:42
302	1285	Marlene Martins	individual	Senior Feminino	02:40:42	+01:19:14	10:43
303	1337	Fábio Pinto	individual	Senior Masculino	02:40:43	+01:19:15	10:43
304	1840	Elias Filipe	usf ts	Veterano M60	02:40:59	+01:19:31	10:44
305	1344	Flávio Santos	individual	Senior Masculino	02:41:35	+01:20:07	10:46
306	1613	António Castro	metralhas runners	Veterano M50	02:41:54	+01:20:26	10:48
307	1273	IRENE BARBOSA	individual	Senior Feminino	02:41:54	+01:20:26	10:48
308	1804	Luís Pinheiro	trailgloditas	Senior Masculino	02:41:58	+01:20:30	10:48
309	1530	José Mário Magalhães de Pereira	individual	Veterano M55	02:42:12	+01:20:44	10:49
310	1528	João Silva	individual	Veterano M55	02:42:28	+01:21:00	10:50
311	1630	joaquim pinto	monte dos amigos	Veterano M40	02:42:38	+01:21:10	10:51
312	1764	liliana vieira	reis & pombas amigos do trail	Senior Feminino	02:42:43	+01:21:15	10:51
313	1327	Carlos Miguel Castro	individual	Senior Masculino	02:43:05	+01:21:37	10:52

TRAIL CURTO 15KM - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
314	1833	Manuel Alvarino	uma vez perdi-me no monte	Veterano M40	02:43:41	+01:22:13	10:55
315	1834	Joaquim Leite	uma vez perdi-me no monte	Veterano M50	02:43:41	+01:22:13	10:55
316	1484	Paulo Ribeiro	individual	Veterano M40	02:43:44	+01:22:16	10:55
317	1501	Henrique Barros	individual	Veterano M45	02:43:59	+01:22:31	10:56
318	1698	Pedro Ramos	os imbatíveis	Senior Masculino	02:44:05	+01:22:37	10:56
319	1376	Luis Pinto	individual	Senior Masculino	02:44:20	+01:22:52	10:57
320	1078	Ana Santos	centro ciclista de gondomar	Senior Feminino	02:44:45	+01:23:17	10:59
321	1130	Paula Nascimento	clube zupper	Veterana F40	02:44:48	+01:23:20	10:59
322	1099	Marisa Pereira	clube zupper	Senior Feminino	02:44:48	+01:23:20	10:59
323	1105	Gabriel Moreira	clube zupper	Senior Masculino	02:44:48	+01:23:20	10:59
324	1299	Solange Sousa	individual	Senior Feminino	02:45:20	+01:23:52	11:01
325	1812	Cristiano	trailletra	Senior Masculino	02:46:24	+01:24:56	11:06
326	1648	Silvia Ferreira	oporto blue whippets	Senior Feminino	02:46:24	+01:24:56	11:06
327	1644	Manuel Vieira	ogima	Senior Masculino	02:46:38	+01:25:10	11:07
328	1839	Fátima Nunes	usf ts	Veterana F50	02:46:39	+01:25:11	11:07
329	1080	Liliana Ribeiro	cfa runners	Senior Feminino	02:46:39	+01:25:11	11:07
330	1198	Silvana rocha	fanecateam	Senior Masculino	02:46:39	+01:25:11	11:07
331	1081	Filipe Nunes	cfa runners	Senior Masculino	02:46:39	+01:25:11	11:07
332	1605	Lúcia Santos	metralhas runners	Senior Feminino	02:47:39	+01:26:11	11:11
333	1523	LUIZ CARLOS J.BLANQUET	individual	Veterano M50	02:48:23	+01:26:55	11:14
334	1519	Joaquim Coelho	individual	Veterano M50	02:48:29	+01:27:01	11:14
335	1286	Marlene silva	individual	Senior Feminino	02:48:53	+01:27:25	11:16
336	1335	Diogo Fausto Leite Vieira	individual	Senior Masculino	02:48:55	+01:27:27	11:16
337	1387	Nuno Moutinho	individual	Senior Masculino	02:48:55	+01:27:27	11:16
338	1336	Edson Moutinho	individual	Senior Masculino	02:48:55	+01:27:27	11:16
339	1133	António Silva	clube zupper	Veterano M40	02:50:05	+01:28:37	11:20
340	1469	joão da silva martins	individual	Veterano M40	02:50:14	+01:28:46	11:21
341	1280	Márcia Ferreira	individual	Senior Feminino	02:50:33	+01:29:05	11:22
342	1370	José Miguel Araújo Cunha Magalhães Pereira	individual	Senior Masculino	02:50:52	+01:29:24	11:23
343	1756	Paulo Costa	poteeentes - fitspot parque nascente	Veterano M45	02:51:02	+01:29:34	11:24
344	1498	Fernando Dinis	individual	Veterano M45	02:51:43	+01:30:15	11:27
345	1454	Margarida Machado	individual	Veterana F50	02:51:47	+01:30:19	11:27
346	1826	Delfim	trailletra	Veterano M45	02:51:55	+01:30:27	11:28
347	1086	Miguel Dias	cloudworks	Veterano M40	02:52:09	+01:30:41	11:29
348	1851	Joaquim Gomes	oporto blue whippets	Veterano M40	02:52:14	+01:30:46	11:29
349	1442	Paula Anjos	individual	Veterana F40	02:52:19	+01:30:51	11:29
350	1006	Fábio Correia	a.d sebolido trail boneca d´ouro	Senior Masculino	02:52:46	+01:31:18	11:31
351	1766	Helder lopes	reis & pombas amigos do trail	Senior Masculino	02:53:27	+01:31:59	11:34
352	1363	Jorge Caldas	individual	Senior Masculino	02:53:44	+01:32:16	11:35
353	1377	Luís Tiago Vieira	individual	Senior Masculino	02:54:17	+01:32:49	11:37
354	1476	José Ricardo Fernandes Silva	individual	Veterano M40	02:54:20	+01:32:52	11:37
355	1439	Mary Regallo	individual	Veterana F40	02:54:32	+01:33:04	11:38
356	1774	Nuno França	run4fun	Senior Masculino	02:54:39	+01:33:11	11:39
357	1771	Catia Oliveira	run4fun	Senior Feminino	02:54:39	+01:33:11	11:39
358	1256	Ana Reis	individual	Senior Feminino	02:55:35	+01:34:07	11:42

TRAIL CURTO 15KM - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
359	1358	João Oliveira	individual	Senior Masculino	02:56:28	+01:35:00	11:46
360	1201	Manuel Rocha	fast ao km	Veterano M60	02:56:39	+01:35:11	11:47
361	1317	Bruno Fernandes	individual	Senior Masculino	02:56:42	+01:35:14	11:47
362	1373	Kiko Bento	individual	Senior Masculino	02:56:42	+01:35:14	11:47
363	1266	Claudia Babo	individual	Senior Feminino	02:56:42	+01:35:14	11:47
364	1759	Helder Ribeiro	radio jornal fm runners	Senior Masculino	02:57:03	+01:35:35	11:48
365	1305	Vera Nogueira	individual	Senior Feminino	02:57:32	+01:36:04	11:50
366	1221	Adelaide Vigário	gondomar futsal clube	Veterana F50	02:57:38	+01:36:10	11:51
367	1597	Pedro Duarte	melres trail running	Senior Masculino	02:58:41	+01:37:13	11:55
368	1278	Liliana Ramos	individual	Senior Feminino	02:58:42	+01:37:14	11:55
369	1592	Diana Maria Faria Vieira	melres trail running	Senior Feminino	02:58:43	+01:37:15	11:55
370	1596	Miguel Sousa	melres trail running	Senior Masculino	02:58:43	+01:37:15	11:55
371	1595	Hugo Pêgas	melres trail running	Senior Masculino	02:58:43	+01:37:15	11:55
372	1593	Lia Bárbara Duarte	melres trail running	Senior Feminino	02:58:43	+01:37:15	11:55
373	1545	Cecilio Maunel Silva Ferreira	juventude cortegacense	Veterano M40	02:58:51	+01:37:23	11:55
374	1543	Tiago Padrela Ferreira da silva	juventude cortegacense	Senior Masculino	02:58:52	+01:37:24	11:55
375	1546	Celso Orlando Oliveira Camboa	juventude cortegacense	Veterano M40	02:58:52	+01:37:24	11:55
376	1618	Rui Quinta	moinhos run	Veterano M55	02:59:43	+01:38:15	11:59
377	1301	Sónia Pinto	individual	Senior Feminino	02:59:55	+01:38:27	12:00
378	1255	Ana Paula Morais	individual	Senior Feminino	03:00:04	+01:38:36	12:00
379	1290	Paula Cristina Guedes	individual	Senior Feminino	03:00:04	+01:38:36	12:00
380	1342	Filipe Pereira	individual	Senior Masculino	03:00:21	+01:38:53	12:01
381	1268	Cristina Rocha	individual	Senior Feminino	03:00:22	+01:38:54	12:01
382	1129	Cândida Vilas-Boas	clube zupper	Veterana F40	03:00:23	+01:38:55	12:02
383	1071	Isabel Coelho	ccdfpjp	Senior Feminino	03:00:28	+01:39:00	12:02
384	1077	Paulo Peixoto	ccdfpjp	Veterano M50	03:00:28	+01:39:00	12:02
385	1134	Carlos Figueiredo	clube zupper	Veterano M40	03:01:22	+01:39:54	12:05
386	1211	Rodrigo Ferraz	generosos	Veterano M45	03:01:37	+01:40:09	12:06
387	1207	Claudia Coelho	generosos	Senior Feminino	03:01:38	+01:40:10	12:07
388	1210	Pedro Costelha	generosos	Veterano M40	03:01:39	+01:40:11	12:07
389	1329	Carlos Teixeira	individual	Senior Masculino	03:01:43	+01:40:15	12:07
390	1304	Vanessa dias	individual	Senior Feminino	03:01:59	+01:40:31	12:08
391	1711	jorge ventura	os quarentões	Veterano M40	03:02:17	+01:40:49	12:09
392	1714	luis cardoso	os quarentões	Veterano M40	03:02:17	+01:40:49	12:09
393	1526	Germano Moura	individual	Veterano M55	03:02:34	+01:41:06	12:10
394	1132	Fátima Ribeiro	clube zupper	Veterana F45	03:02:34	+01:41:06	12:10
395	1609	Luis Silva	metralhas runners	Senior Masculino	03:03:05	+01:41:37	12:12
396	1229	Mário Ribeiro	gondomar futsal clube	Veterano M45	03:03:14	+01:41:46	12:13
397	1748	Fernando Ferraz	porto sentido	Veterano M50	03:03:16	+01:41:48	12:13
398	1385	Miguel Pereira	individual	Senior Masculino	03:04:36	+01:43:08	12:18
399	1738	Elizabete Loureiro	porto sentido	Veterana F40	03:04:38	+01:43:10	12:19
400	1735	Sandra Carvalho	porto sentido	Senior Feminino	03:06:18	+01:44:50	12:25
401	1512	alberto martins	individual	Veterano M50	03:06:27	+01:44:59	12:26
402	1578	Cristina Loureiro	magical mushrooms	Veterana F40	03:06:31	+01:45:03	12:26
403	1575	Hugo Chumbo	magical mushrooms	Senior Masculino	03:06:31	+01:45:03	12:26
404	1339	Filipe André Sequeira dos Santos	individual	Senior Masculino	03:06:51	+01:45:23	12:27

TRAIL CURTO 15KM - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
405	1214	Patrícia Pereira	gondomar futsal clube	Senior Feminino	03:07:07	+01:45:39	12:28
406	1371	José Santos	individual	Senior Masculino	03:07:28	+01:46:00	12:30
407	1750	Ana Luísa Flores	poteeentes - fitspot parque nascente	Senior Feminino	03:07:33	+01:46:05	12:30
408	1400	Pedro Duarte	individual	Senior Masculino	03:07:34	+01:46:06	12:30
409	1095	Ângela Bragança	clube zupper	Senior Feminino	03:07:34	+01:46:06	12:30
410	1348	Guilherme Oliveira	individual	Senior Masculino	03:07:46	+01:46:18	12:31
411	1351	Hugi Miguel da silva pinto	individual	Senior Masculino	03:08:08	+01:46:40	12:33
412	1753	Mafalda Santos	poteeentes - fitspot parque nascente	Senior Feminino	03:08:35	+01:47:07	12:34
413	1705	carla rocha	os quarentões	Senior Feminino	03:09:20	+01:47:52	12:37
414	1707	Raquel soares	os quarentões	Veterana F40	03:09:20	+01:47:52	12:37
415	1577	Carla Ventura	magical mushrooms	Veterana F40	03:09:45	+01:48:17	12:39
416	1243	Diana Raquel de Sousa Lopes	happyfamily	Senior Feminino	03:09:59	+01:48:31	12:40
417	1585	LIGIA FREITAS	medicina do exercício-clinica de gondomar	Senior Feminino	03:10:34	+01:49:06	12:42
418	1500	Gentil Fernando Pereira Madureira Silva Oliveira	individual	Veterano M45	03:10:34	+01:49:06	12:42
419	1584	JOANA RODRIGUES DE SOUSA	medicina do exercício-clinica de gondomar	Senior Feminino	03:10:34	+01:49:06	12:42
420	1573	Maria Martins	magical mushrooms	Senior Feminino	03:11:19	+01:49:51	12:45
421	1279	Lurdes Loureiro	individual	Senior Feminino	03:11:37	+01:50:09	12:46
422	1467	Ivo Loureiro	individual	Veterano M40	03:11:37	+01:50:09	12:46
423	1061	António Alves	associação recreativa luz e vida gondomarense	Veterano M60	03:11:55	+01:50:27	12:48
424	1244	Rui Pedro da Cunha Lopes	happyfamily	Senior Masculino	03:12:02	+01:50:34	12:48
425	1576	Sérgio Pereira	magical mushrooms	Senior Masculino	03:12:18	+01:50:50	12:49
426	1574	Vanda Miranda	magical mushrooms	Senior Feminino	03:12:19	+01:50:51	12:49
427	1300	Sónia Fernanda Soares Pereira	individual	Senior Feminino	03:12:51	+01:51:23	12:51
428	1684	Manuel Moura	os barriguitas	Veterano M60	03:12:54	+01:51:26	12:52
429	1440	Nina Silva	individual	Veterana F40	03:12:55	+01:51:27	12:52
430	1447	Dulce perestrelo	individual	Veterana F45	03:12:56	+01:51:28	12:52
431	1623	rosa almeida	monte dos amigos	Senior Feminino	03:12:56	+01:51:28	12:52
432	1621	eva ribeiro	monte dos amigos	Senior Feminino	03:12:57	+01:51:29	12:52
433	1624	conceiçao ribeiro	monte dos amigos	Veterana F40	03:13:04	+01:51:36	12:52
434	1307	Adélio Pedro Lima	individual	Senior Masculino	03:13:22	+01:51:54	12:53
435	1509	Pedro Jorge Dias	individual	Veterano M45	03:13:22	+01:51:54	12:53
436	1412	Ruben José Pereira carvalho	individual	Senior Masculino	03:13:22	+01:51:54	12:53
437	1611	Graça Farelo	metralhas runners	Veterana F45	03:13:27	+01:51:59	12:54
438	1610	Elsa Leite	metralhas runners	Veterana F40	03:13:27	+01:51:59	12:54
439	1581	Jorge Marialva	marialvas	Senior Masculino	03:13:53	+01:52:25	12:56
440	1319	Bruno Oliveira	individual	Senior Masculino	03:14:58	+01:53:30	13:00
441	1527	Isaac Batista Pereira	individual	Veterano M55	03:14:59	+01:53:31	13:00
442	1098	Liliana Correia	clube zupper	Senior Feminino	03:15:03	+01:53:35	13:00
443	1331	Daniel Branco	individual	Senior Masculino	03:15:21	+01:53:53	13:01
444	1257	Ana Rita Marques Macedo	individual	Senior Feminino	03:15:38	+01:54:10	13:03
445	1722	Mónica Magalhães	papa trails	Senior Feminino	03:15:43	+01:54:15	13:03
446	1723	Vitor Teixeira	papa trails	Senior Masculino	03:15:43	+01:54:15	13:03
447	1724	Ana Alves	papa trails	Veterana F40	03:15:43	+01:54:15	13:03
448	1511	Rufino Moura	individual	Veterano M45	03:16:00	+01:54:32	13:04
449	1222	Ana Sousa	gondomar futsal clube	Veterana F50	03:16:22	+01:54:54	13:05

TRAIL CURTO 15KM - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
450	1551	Bruna Nunes	kinkipa	Senior Feminino	03:16:33	+01:55:05	13:06
451	1552	Amândio Sousa	kinkipa	Veterano M45	03:16:33	+01:55:05	13:06
452	1223	Branca Marques	gondomar futsal clube	Veterana F50	03:16:33	+01:55:05	13:06
453	1553	Augusto Teixeira	kinkipa	Veterano M50	03:16:37	+01:55:09	13:06
454	1717	Brigida Duarte	osfazconta	Senior Feminino	03:16:38	+01:55:10	13:07
455	1554	Luís Cunha	kinkipa	Veterano M50	03:16:38	+01:55:10	13:07
456	1579	Celso Mota	magical mushrooms	Veterano M40	03:17:09	+01:55:41	13:09
457	1245	Susana Maria Gomes de Sousa	happyfamily	Veterana F40	03:17:23	+01:55:55	13:10
458	1780	Rui Silva	run4fun	Veterano M40	03:17:30	+01:56:02	13:10
459	1849	JORGE FILIPE CRUZ SILVA	individual	Senior Masculino	03:17:32	+01:56:04	13:10
460	1772	Catia ribeiro	run4fun	Senior Feminino	03:17:41	+01:56:13	13:11
461	1282	maria silva	individual	Senior Feminino	03:18:16	+01:56:48	13:13
462	1587	CECÍLIA MARTINS	medicina do exercício-clinica de gondomar	Veterana F40	03:18:20	+01:56:52	13:13
463	1233	António José Queiroz	gondomar futsal clube	Veterano M55	03:18:32	+01:57:04	13:14
464	1175	Liliana Alves	ermidafit runners	Senior Feminino	03:18:39	+01:57:11	13:15
465	1184	Paula Silva	ermidafit runners	Veterana F40	03:18:39	+01:57:11	13:15
466	1720	Estela Oliveira	papa trails	Senior Feminino	03:19:10	+01:57:42	13:17
467	1478	Luís Manuel Teixeira Monteiro	individual	Veterano M40	03:19:13	+01:57:45	13:17
468	1558	Maria Manuel Pinto	ll&company	Senior Feminino	03:21:26	+01:59:58	13:26
469	1642	Helena Almeida	not run alone	Senior Feminino	03:22:16	+02:00:48	13:29
470	1590	DAVID SILVA	medicina do exercício-clinica de gondomar	Veterano M40	03:22:17	+02:00:49	13:29
471	1004	Marta Carvalho	100pernas	Senior Feminino	03:22:18	+02:00:50	13:29
472	1003	Andreia Reis	100pernas	Senior Feminino	03:22:18	+02:00:50	13:29
473	1005	Fernando Silva	100pernas	Senior Masculino	03:22:18	+02:00:50	13:29
474	1149	Ivo Correia	clube zupper	Veterano M60	03:22:27	+02:00:59	13:30
475	1054	Lurdes Moreira	as belas e eles	Senior Feminino	03:22:47	+02:01:19	13:31
476	1265	Celina Tomás	individual	Senior Feminino	03:23:05	+02:01:37	13:32
477	1480	Miguel Azevedo	individual	Veterano M40	03:23:28	+02:02:00	13:34
478	1311	André Ribeiro	individual	Senior Masculino	03:23:33	+02:02:05	13:34
479	1557	Liliana Oliveira	ll&company	Senior Feminino	03:23:38	+02:02:10	13:35
480	1560	Mario Gouveia	ll&company	Veterano M40	03:23:40	+02:02:12	13:35
481	1559	Maria Manuel Pinto	ll&company	Veterana F45	03:23:41	+02:02:13	13:35
482	1334	Diogo Alves	individual	Senior Masculino	03:23:48	+02:02:20	13:35
483	1429	Tiago Leitão Santos	individual	Senior Masculino	03:23:48	+02:02:20	13:35
484	1193	ISABEL SOFIA	familia pereira	Senior Feminino	03:24:04	+02:02:36	13:36
485	1151	Adriano Barbosa	corre e cala-te	Veterano M55	03:24:06	+02:02:38	13:36
486	1150	Paulo Sampa	corre e cala-te	Senior Masculino	03:24:07	+02:02:39	13:36
487	1793	Jose Pedro	tartarugas do asfalto	Senior Masculino	03:25:22	+02:03:54	13:41
488	1794	Maria Portugal	tartarugas do asfalto	Veterana F40	03:25:36	+02:04:08	13:42
489	1169	Monica Tavares	equipa xpto's	Senior Feminino	03:25:44	+02:04:16	13:43
490	1485	Pedro Ferreira	individual	Veterano M40	03:25:59	+02:04:31	13:44
491	1540	Catarina Rodrigues Sa Ferreira	juventude cortegacense	Senior Feminino	03:26:06	+02:04:38	13:44
492	1544	Marcia Castro Costa	juventude cortegacense	Veterana F40	03:26:06	+02:04:38	13:44
493	1852	Rui Coelho	usf ts	Veterano M60	03:26:27	+02:04:59	13:46
494	1721	Mafalda Alves	papa trails	Senior Feminino	03:26:27	+02:04:59	13:46
495	1453	Manuela Sousa	individual	Veterana F50	03:26:35	+02:05:07	13:46

TRAIL CURTO 15KM - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
496	1479	Luís Moutinho	individual	Veterano M40	03:27:48	+02:06:20	13:51
497	1806	Carla Lopes	trailletra	Senior Feminino	03:27:53	+02:06:25	13:52
498	1828	Adriana Almeida	uma vez perdi-me no monte	Senior Feminino	03:28:03	+02:06:35	13:52
499	1810	Oriana Teixeira	trailletra	Senior Feminino	03:28:04	+02:06:36	13:52
500	1820	Bia Maia	trailletra	Veterana F45	03:28:04	+02:06:36	13:52
501	1815	Marco Nobre	trailletra	Senior Masculino	03:28:04	+02:06:36	13:52
502	1818	Maria Correia	trailletra	Veterana F40	03:28:05	+02:06:37	13:52
503	1489	rui gandra	individual	Veterano M40	03:28:49	+02:07:21	13:55
504	1836	Daniel Vieira	união de freguesias de fânzeres e s. pedro da cova	Senior Masculino	03:28:55	+02:07:27	13:56
505	1330	César Pais	individual	Senior Masculino	03:28:55	+02:07:27	13:56
506	1228	José Carlos Lascasas	gondomar futsal clube	Veterano M45	03:28:55	+02:07:27	13:56
507	1253	Ana Gonçalves	individual	Senior Feminino	03:30:01	+02:08:33	14:00
508	1293	Rute Pinto	individual	Senior Feminino	03:30:01	+02:08:33	14:00
509	1296	Sara Cristina Teixeira Bela	individual	Senior Feminino	03:30:01	+02:08:33	14:00
510	1263	Ana Gonçalves	individual	Senior Feminino	03:30:06	+02:08:38	14:00
511	1443	Raquel Rodrigues Sousa Andrade Ferreira	individual	Veterana F40	03:30:48	+02:09:20	14:03
512	1625	helena roxo	monte dos amigos	Veterana F40	03:31:28	+02:10:00	14:06
513	1628	angela graça	monte dos amigos	Veterana F45	03:31:30	+02:10:02	14:06
514	1627	sonia silva	monte dos amigos	Veterana F40	03:31:32	+02:10:04	14:06
515	1620	angela dias	monte dos amigos	Senior Feminino	03:31:53	+02:10:25	14:08
516	1418	rui nuno danho castro	individual	Senior Masculino	03:31:53	+02:10:25	14:08
517	1131	Dulce Moreda	clube zupper	Veterana F45	03:32:20	+02:10:52	14:09
518	1599	Beta Sousa	mentolitos	Senior Feminino	03:32:24	+02:10:56	14:10
519	1604	Nuno Pereira	mentolitos	Senior Masculino	03:32:24	+02:10:56	14:10
520	1601	Liliana Silva	mentolitos	Senior Feminino	03:32:25	+02:10:57	14:10
521	1602	Soraia Silva	mentolitos	Senior Feminino	03:32:26	+02:10:58	14:10
522	1603	Joni Milton	mentolitos	Senior Masculino	03:32:26	+02:10:58	14:10
523	1241	Jorge Silva	gondorunners	Veterano M40	03:33:25	+02:11:57	14:14
524	1237	Ricardo Alves	gondorunners	Senior Masculino	03:33:25	+02:11:57	14:14
525	1179	João Coelho	ermidafit runners	Senior Masculino	03:33:50	+02:12:22	14:15
526	1631	fernando monteiro	monte dos amigos	Veterano M45	03:35:38	+02:14:10	14:23
527	1571	Rui Menezes Machado	m&m's	Senior Masculino	03:36:07	+02:14:39	14:24
528	1570	Sandra Susana Marques	m&m's	Senior Feminino	03:36:08	+02:14:40	14:25
529	1413	Rui Armindo Anunciação Castro	individual	Senior Masculino	03:36:09	+02:14:41	14:25
530	1432	Yago Riveiro Rodríguez	individual	Senior Masculino	03:36:09	+02:14:41	14:25
531	1209	Natercia Teixeira	generosos	Senior Feminino	03:36:25	+02:14:57	14:26
532	1032	BARBARA LOURENÇO	amazing team	Senior Feminino	03:38:26	+02:16:58	14:34
533	1034	RAQUEL BARBOSA	amazing team	Senior Feminino	03:38:26	+02:16:58	14:34
534	1033	CELIA ALVES	amazing team	Senior Feminino	03:38:26	+02:16:58	14:34
535	1491	RUI MIGUEL MOUTINHO DE CARVALHO	individual	Veterano M40	03:39:19	+02:17:51	14:37
536	1502	José António Brito de Sousa	individual	Veterano M45	03:39:28	+02:18:00	14:38
537	1313	António Fernandes	individual	Senior Masculino	03:39:29	+02:18:01	14:38
538	1306	Vilmara Susana Pereira Teixeira	individual	Senior Feminino	03:39:29	+02:18:01	14:38
539	1155	Luisa Azevedo	dental doctors	Veterana F45	03:39:36	+02:18:08	14:38

TRAIL CURTO 15KM - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
540	1156	João Miranda de Azevedo	dental doctors	Veterano M40	03:39:37	+02:18:09	14:38
541	1087	José Matos	cloudworks	Veterano M45	03:40:33	+02:19:05	14:42
542	1167	Miguel Gomes	duros de roer	Veterano M40	03:40:38	+02:19:10	14:43
543	1164	Alberto Gomes	duros de roer	Senior Masculino	03:40:39	+02:19:11	14:43
544	1350	henrique teixeira	individual	Senior Masculino	03:40:41	+02:19:13	14:43
545	1633	Ana Sá	moreira relax runners	Senior Feminino	03:40:42	+02:19:14	14:43
546	1637	Diogo Moreira	moreira relax runners	Senior Masculino	03:40:42	+02:19:14	14:43
547	1716	Adriana Duarte	osfazconta	Senior Feminino	03:40:44	+02:19:16	14:43
548	1436	ISABEL MARIA DA SILVA CARVALHO	individual	Veterana F40	03:40:45	+02:19:17	14:43
549	1719	Jorge Silva	osfazconta	Senior Masculino	03:41:19	+02:19:51	14:45
550	1583	GISÉLIA BRAGA	medicina do exercício-clinica de gondomar	Senior Feminino	03:41:56	+02:20:28	14:48
551	1589	ANA PAULA NORIM	medicina do exercício-clinica de gondomar	Veterana F45	03:41:56	+02:20:28	14:48
552	1289	Patrícia Gonçalves	individual	Senior Feminino	03:44:03	+02:22:35	14:56
553	1629	paula almeida	monte dos amigos	Veterana F45	03:44:20	+02:22:52	14:57
554	1626	paula coutinho	monte dos amigos	Veterana F40	03:44:20	+02:22:52	14:57
555	1824	Jorge Amorim	trailletra	Veterano M45	03:44:34	+02:23:06	14:58
556	1196	MARIA FÁTIMA	familia pereira	Veterana F50	03:44:41	+02:23:13	14:59
557	1689	Lúcia Ribeiro	os imbatíveis	Senior Feminino	03:45:27	+02:23:59	15:02
558	1690	Márcia Costa	os imbatíveis	Senior Feminino	03:45:27	+02:23:59	15:02
559	1242	Vitor Sousa	gondorunners	Veterano M40	03:45:28	+02:24:00	15:02
560	1297	Sara Rocha	individual	Senior Feminino	03:46:25	+02:24:57	15:06
561	1817	Carla Vidigal	trailletra	Veterana F40	03:47:11	+02:25:43	15:09
562	1277	Liliana Marques	individual	Senior Feminino	03:52:43	+02:31:15	15:31
563	1456	Gisela Ferreira	individual	Veterana F55	03:52:43	+02:31:15	15:31
564	1513	Antonio Carmo	individual	Veterano M50	03:57:48	+02:36:20	15:51
565	1607	Sara Vigário	metralhas runners	Senior Feminino	04:05:07	+02:43:39	16:20
566	1215	Sara Daniela	gondomar futsal clube	Senior Feminino	04:05:08	+02:43:40	16:21
567	1622	patricia ferraz	monte dos amigos	Senior Feminino	04:05:49	+02:44:21	16:23
568	1619	andreia coelho	monte dos amigos	Senior Feminino	04:05:50	+02:44:22	16:23
569	1194	ANA MARIA	familia pereira	Veterana F50	04:06:12	+02:44:44	16:25
570	1195	DELFINA PEREIRA	familia pereira	Veterana F50	04:06:12	+02:44:44	16:25
571	1606	Márcia Pinto	metralhas runners	Senior Feminino	04:11:22	+02:49:54	16:45
572	1166	José Pimenta	duros de roer	Veterano M40	04:13:24	+02:51:56	16:54

Trail Curto 15Km

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	10.9ºC	100%
End	14:03	12.1ºC	99%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1662	Rita Loureiro	Oralklass-Amigos do Trail	Senior Feminino	01:52:46		07:31
2	1097	Daniela Alves	Clube Zupper	Senior Feminino	01:53:36	+00:50	07:34
3	1259	Anabela Freitas	Individual	Senior Feminino	01:55:04	+02:18	07:40
4	1660	Maria Gonçalves	Oralklass-Amigos do Trail	Senior Feminino	01:56:32	+03:46	07:46
5	1213	Joana Cardoso	GONDOMAR FUTSAL CLUBE	Senior Feminino	01:59:31	+06:45	07:58
6	1751	Daniela Gregório	POTEEENTES - Fitspot Parque Nascente	Senior Feminino	02:03:13	+10:27	08:13
7	1048	Maria José Pereira Leão	AMIGOS DO PEDAL TRAILAGARES	Senior Feminino	02:19:06	+26:20	09:16
8	1261	Catarina Figueiredo	Individual	Senior Feminino	02:22:23	+29:37	09:30
9	1177	Telma Duarte	ERMIDAFIT Runners	Senior Feminino	02:23:00	+30:14	09:32
10	1661	Patricia Santos	Oralklass-Amigos do Trail	Senior Feminino	02:23:23	+30:37	09:34
11	1281	Márcia Ribeiro da Silva	Individual	Senior Feminino	02:23:52	+31:06	09:35
12	1267	Cristiana Raquel de Sousa Ferreira	Individual	Senior Feminino	02:28:40	+35:54	09:55
13	1616	Inês Moreira	Moinhos Run	Senior Feminino	02:30:29	+37:43	10:02
14	1568	Raquel Costa	LUSOS XXI	Senior Feminino	02:31:05	+38:19	10:04
15	1659	Joana Gonçalves	Oralklass-Amigos do Trail	Senior Feminino	02:31:53	+39:07	10:08
16	1758	Ana Campanhã	RADIO JORNAL FM RUNNERS	Senior Feminino	02:31:59	+39:13	10:08
17	1536	Celia Sousa	Invictus Oporto Team	Senior Feminino	02:36:07	+43:21	10:24
18	1258	Ana Sofia Moreira Pimentel	Individual	Senior Feminino	02:36:26	+43:40	10:26
19	1252	Ana Filipa Vicente Carapuça	Individual	Senior Feminino	02:36:53	+44:07	10:28
20	1285	Marlene Martins	Individual	Senior Feminino	02:40:42	+47:56	10:43
21	1273	IRENE BARBOSA	Individual	Senior Feminino	02:41:54	+49:08	10:48
22	1764	liliana vieira	reis & pombas amigos do trail	Senior Feminino	02:42:43	+49:57	10:51
23	1078	Ana Santos	CENTRO CICLISTA DE GONDOMAR	Senior Feminino	02:44:45	+51:59	10:59
24	1099	Marisa Pereira	Clube Zupper	Senior Feminino	02:44:48	+52:02	10:59
25	1299	Solange Sousa	Individual	Senior Feminino	02:45:20	+52:34	11:01
26	1648	Silvia Ferreira	Oporto Blue Whippets	Senior Feminino	02:46:24	+53:38	11:06
27	1080	Liliana Ribeiro	CFA Runners	Senior Feminino	02:46:39	+53:53	11:07
28	1605	Lúcia Santos	Metralhas Runners	Senior Feminino	02:47:39	+54:53	11:11
29	1286	Marlene silva	Individual	Senior Feminino	02:48:53	+56:07	11:16
30	1280	Márcia Ferreira	Individual	Senior Feminino	02:50:33	+57:47	11:22
31	1771	Catia Oliveira	run4fun	Senior Feminino	02:54:39	+01:01:53	11:39
32	1256	Ana Reis	Individual	Senior Feminino	02:55:35	+01:02:49	11:42
33	1266	Claudia Babo	Individual	Senior Feminino	02:56:42	+01:03:56	11:47
34	1305	Vera Nogueira	Individual	Senior Feminino	02:57:32	+01:04:46	11:50
35	1278	Liliana Ramos	Individual	Senior Feminino	02:58:42	+01:05:56	11:55
36	1592	Diana Maria Faria Vieira	Melres Trail Running	Senior Feminino	02:58:43	+01:05:57	11:55
37	1593	Lia Bárbara Duarte	Melres Trail Running	Senior Feminino	02:58:43	+01:05:57	11:55

Trail Curto 15Km

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

38	1301	Sónia Pinto	Individual	Senior Feminino	02:59:55	+01:07:09	12:00
39	1255	Ana Paula Morais	Individual	Senior Feminino	03:00:04	+01:07:18	12:00
40	1290	Paula Cristina Guedes	Individual	Senior Feminino	03:00:04	+01:07:18	12:00
41	1268	Cristina Rocha	Individual	Senior Feminino	03:00:22	+01:07:36	12:01
42	1071	Isabel Coelho	CCDFPJP	Senior Feminino	03:00:28	+01:07:42	12:02
43	1207	Claudia Coelho	GENEROSOS	Senior Feminino	03:01:38	+01:08:52	12:07
44	1304	Vanessa dias	Individual	Senior Feminino	03:01:59	+01:09:13	12:08
45	1735	Sandra Carvalho	Porto Sentido	Senior Feminino	03:06:18	+01:13:32	12:25
46	1214	Patrícia Pereira	GONDOMAR FUTSAL CLUBE	Senior Feminino	03:07:07	+01:14:21	12:28
47	1750	Ana Luísa Flores	POTEEENTES - Fitspot Parque Nascente	Senior Feminino	03:07:33	+01:14:47	12:30
48	1095	Ângela Bragança	Clube Zupper	Senior Feminino	03:07:34	+01:14:48	12:30
49	1753	Mafalda Santos	POTEEENTES - Fitspot Parque Nascente	Senior Feminino	03:08:35	+01:15:49	12:34
50	1705	carla rocha	OS QUARENTÕES	Senior Feminino	03:09:20	+01:16:34	12:37
51	1243	Diana Raquel de Sousa Lopes	HappyFamily	Senior Feminino	03:09:59	+01:17:13	12:40
52	1585	LIGIA FREITAS	MEDICINA DO EXERCÍCIO-CLINICA DE GONDOMAR	Senior Feminino	03:10:34	+01:17:48	12:42
53	1584	JOANA RODRIGUES DE SOUSA	MEDICINA DO EXERCÍCIO-CLINICA DE GONDOMAR	Senior Feminino	03:10:34	+01:17:48	12:42
54	1573	Maria Martins	Magical Mushrooms	Senior Feminino	03:11:19	+01:18:33	12:45
55	1279	Lurdes Loureiro	Individual	Senior Feminino	03:11:37	+01:18:51	12:46
56	1574	Vanda Miranda	Magical Mushrooms	Senior Feminino	03:12:19	+01:19:33	12:49
57	1300	Sónia Fernanda Soares Pereira	Individual	Senior Feminino	03:12:51	+01:20:05	12:51
58	1623	rosa almeida	Monte dos Amigos	Senior Feminino	03:12:56	+01:20:10	12:52
59	1621	eva ribeiro	Monte dos Amigos	Senior Feminino	03:12:57	+01:20:11	12:52
60	1098	Liliana Correia	Clube Zupper	Senior Feminino	03:15:03	+01:22:17	13:00
61	1257	Ana Rita Marques Macedo	Individual	Senior Feminino	03:15:38	+01:22:52	13:03
62	1722	Mónica Magalhães	PAPA TRAILS	Senior Feminino	03:15:43	+01:22:57	13:03
63	1551	Bruna Nunes	KinKipa	Senior Feminino	03:16:33	+01:23:47	13:06
64	1717	Brigida Duarte	OsFazConta	Senior Feminino	03:16:38	+01:23:52	13:07
65	1772	Catia ribeiro	run4fun	Senior Feminino	03:17:41	+01:24:55	13:11
66	1282	maria silva	Individual	Senior Feminino	03:18:16	+01:25:30	13:13
67	1175	Liliana Alves	ERMIDAFIT Runners	Senior Feminino	03:18:39	+01:25:53	13:15
68	1720	Estela Oliveira	PAPA TRAILS	Senior Feminino	03:19:10	+01:26:24	13:17
69	1558	Maria Manuel Pinto	LL&Company	Senior Feminino	03:21:26	+01:28:40	13:26
70	1642	Helena Almeida	Not Run Alone	Senior Feminino	03:22:16	+01:29:30	13:29
71	1004	Marta Carvalho	100Pernas	Senior Feminino	03:22:18	+01:29:32	13:29
72	1003	Andreia Reis	100Pernas	Senior Feminino	03:22:18	+01:29:32	13:29
73	1054	Lurdes Moreira	As Belas e Eles	Senior Feminino	03:22:47	+01:30:01	13:31
74	1265	Celina Tomás	Individual	Senior Feminino	03:23:05	+01:30:19	13:32
75	1557	Liliana Oliveira	LL&Company	Senior Feminino	03:23:38	+01:30:52	13:35
76	1193	ISABEL SOFIA	FAMILIA PEREIRA	Senior Feminino	03:24:04	+01:31:18	13:36
77	1169	Monica Tavares	Equipa XPTO's	Senior Feminino	03:25:44	+01:32:58	13:43
78	1540	Catarina Rodrigues Sa Ferreira	Juventude Cortegacense	Senior Feminino	03:26:06	+01:33:20	13:44
79	1721	Mafalda Alves	PAPA TRAILS	Senior Feminino	03:26:27	+01:33:41	13:46
80	1806	Carla Lopes	Trailletra	Senior Feminino	03:27:53	+01:35:07	13:52
81	1828	Adriana Almeida	Uma Vez Perdi-me no Monte	Senior Feminino	03:28:03	+01:35:17	13:52

Trail Curto 15Km

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

82	1810	Oriana Teixeira	Trailletra	Senior Feminino	03:28:04	+01:35:18	13:52
83	1253	Ana Gonçalves	Individual	Senior Feminino	03:30:01	+01:37:15	14:00
84	1293	Rute Pinto	Individual	Senior Feminino	03:30:01	+01:37:15	14:00
85	1296	Sara Cristina Teixeira Bela	Individual	Senior Feminino	03:30:01	+01:37:15	14:00
86	1263	Ana Gonçalves	Individual	Senior Feminino	03:30:06	+01:37:20	14:00
87	1620	angela dias	Monte dos Amigos	Senior Feminino	03:31:53	+01:39:07	14:08
88	1599	Beta Sousa	Mentolitos	Senior Feminino	03:32:24	+01:39:38	14:10
89	1601	Liliana Silva	Mentolitos	Senior Feminino	03:32:25	+01:39:39	14:10
90	1602	Soraia Silva	Mentolitos	Senior Feminino	03:32:26	+01:39:40	14:10
91	1570	Sandra Susana Marques	M&M's	Senior Feminino	03:36:08	+01:43:22	14:25
92	1209	Natercia Teixeira	GENEROSOS	Senior Feminino	03:36:25	+01:43:39	14:26
93	1032	BARBARA LOURENÇO	Amazing Team	Senior Feminino	03:38:26	+01:45:40	14:34
94	1034	RAQUEL BARBOSA	Amazing Team	Senior Feminino	03:38:26	+01:45:40	14:34
95	1033	CELIA ALVES	Amazing Team	Senior Feminino	03:38:26	+01:45:40	14:34
96	1306	Vilmara Susana Pereira Teixeira	Individual	Senior Feminino	03:39:29	+01:46:43	14:38
97	1633	Ana Sá	Moreira Relax Runners	Senior Feminino	03:40:42	+01:47:56	14:43
98	1716	Adriana Duarte	OsFazConta	Senior Feminino	03:40:44	+01:47:58	14:43
99	1583	GISÉLIA BRAGA	MEDICINA DO EXERCÍCIO-CLINICA DE GONDOMAR	Senior Feminino	03:41:56	+01:49:10	14:48
100	1289	Patrícia Gonçalves	Individual	Senior Feminino	03:44:03	+01:51:17	14:56
101	1689	Lúcia Ribeiro	Os Imbatíveis	Senior Feminino	03:45:27	+01:52:41	15:02
102	1690	Márcia Costa	Os Imbatíveis	Senior Feminino	03:45:27	+01:52:41	15:02
103	1297	Sara Rocha	Individual	Senior Feminino	03:46:25	+01:53:39	15:06
104	1277	Liliana Marques	Individual	Senior Feminino	03:52:43	+01:59:57	15:31
105	1607	Sara Vigário	Metralhas Runners	Senior Feminino	04:05:07	+02:12:21	16:20
106	1215	Sara Daniela	GONDOMAR FUTSAL CLUBE	Senior Feminino	04:05:08	+02:12:22	16:21
107	1622	patricia ferraz	Monte dos Amigos	Senior Feminino	04:05:49	+02:13:03	16:23
108	1619	andreia coelho	Monte dos Amigos	Senior Feminino	04:05:50	+02:13:04	16:23
109	1606	Márcia Pinto	Metralhas Runners	Senior Feminino	04:11:22	+02:18:36	16:45

Senior Masculino

1	1668	Bruno Silva	Oralklass-Amigos do Trail	Senior Masculino	01:21:28		05:26
2	1665	António Braziela	Oralklass-Amigos do Trail	Senior Masculino	01:21:29	+00:01	05:26
3	1535	Ismael Querós	SL Benfica	Senior Masculino	01:25:47	+04:19	05:43
4	1598	Rafael Cruz	Melres Trail Running	Senior Masculino	01:28:17	+06:49	05:53
5	1111	João Moita	Clube Zupper	Senior Masculino	01:29:39	+08:11	05:59
6	1116	Nuno Carneiro	Clube Zupper	Senior Masculino	01:31:09	+09:41	06:05
7	1646	Nuno Cardoso	OneSoul Crossfit	Senior Masculino	01:31:19	+09:51	06:05
8	1159	Rogério Moreira	DOUROCONTA TRAIL TEAM	Senior Masculino	01:32:00	+10:32	06:08
9	1671	Filipe Carneiro	Oralklass-Amigos do Trail	Senior Masculino	01:35:21	+13:53	06:21
10	1666	Antonio Pinto	Oralklass-Amigos do Trail	Senior Masculino	01:36:16	+14:48	06:25
11	1287	Cesar Duarte	Individual	Senior Masculino	01:36:19	+14:51	06:25
12	1316	António Pinto	Mocidade S. Gemil	Senior Masculino	01:36:29	+15:01	06:26
13	1160	Tiago Pinto	DOUROCONTA TRAIL TEAM	Senior Masculino	01:37:58	+16:30	06:32
14	1118	Nuno Ribeiro	Clube Zupper	Senior Masculino	01:39:01	+17:33	06:36

Trail Curto 15Km

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

15	1158	Bruno Santos	DOUROCONTA TRAIL TEAM	Senior Masculino	01:39:27	+17:59	06:38
16	1181	Ricardo Pais	ERMIDAFIT Runners	Senior Masculino	01:39:39	+18:11	06:39
17	1349	Hélder Ribeiro	AIRORUN	Senior Masculino	01:40:20	+18:52	06:41
18	1386	Nuno Miguel Carvalho da Silva	Individual	Senior Masculino	01:41:38	+20:10	06:47
19	1673	José Neto	Oralklass-Amigos do Trail	Senior Masculino	01:41:38	+20:10	06:47
20	1562	Nelson Pires	Lusitanos	Senior Masculino	01:44:17	+22:49	06:57
21	1406	Rafael campos dos santos	Individual	Senior Masculino	01:46:22	+24:54	07:05
22	1101	André Sousa	Clube Zupper	Senior Masculino	01:46:44	+25:16	07:07
23	1171	Luis Neves	Equipotencia	Senior Masculino	01:47:10	+25:42	07:09
24	1161	Vítor Rio	DOUROCONTA TRAIL TEAM	Senior Masculino	01:47:11	+25:43	07:09
25	1674	José Santos	Oralklass-Amigos do Trail	Senior Masculino	01:47:59	+26:31	07:12
26	1042	JOAQUIM FERNANDES	AMIGOS DO ATLETISMO MAGNA	Senior Masculino	01:48:47	+27:19	07:15
27	1110	João Carolo	Clube Zupper	Senior Masculino	01:49:14	+27:46	07:17
28	1676	Mario Taborda	Oralklass-Amigos do Trail	Senior Masculino	01:49:42	+28:14	07:19
29	1102	Cristiano Nogueira	Clube Zupper	Senior Masculino	01:49:49	+28:21	07:19
30	1117	Nuno Cunha	Clube Zupper	Senior Masculino	01:51:07	+29:39	07:24
31	1202	Ricardo Miguel Magalhães Nunes	Fridão Sem Limites	Senior Masculino	01:51:32	+30:04	07:26
32	1372	Josué Alberto França Moreira	Individual	Senior Masculino	01:51:34	+30:06	07:26
33	1122	Pedro Cancelo	Clube Zupper	Senior Masculino	01:51:37	+30:09	07:26
34	1667	Bruno Pinto	Oralklass-Amigos do Trail	Senior Masculino	01:51:43	+30:15	07:27
35	1800	Marcio Rocha	team Rede Ambiente	Senior Masculino	01:52:45	+31:17	07:31
36	1664	Andre Nogueira	Oralklass-Amigos do Trail	Senior Masculino	01:52:46	+31:18	07:31
37	1112	João Ramos	Clube Zupper	Senior Masculino	01:53:41	+32:13	07:35
38	1108	Hugo Moita	Clube Zupper	Senior Masculino	01:53:41	+32:13	07:35
39	1416	Rui Gomes	Individual	Senior Masculino	01:54:10	+32:42	07:37
40	1197	Joaquim mota	Fanecateam	Senior Masculino	01:54:18	+32:50	07:37
41	1021	Agostinho Sousa	ALIANÇA DE GANDRA	Senior Masculino	01:54:51	+33:23	07:39
42	1066	Leandro Queirós	CASA DO POVO DE SOALHÃES	Senior Masculino	01:55:27	+33:59	07:42
43	1569	Sérgio Costa	LUSOS XXI	Senior Masculino	01:55:58	+34:30	07:44
44	1127	Rui Carolo	Clube Zupper	Senior Masculino	01:56:18	+34:50	07:45
45	1538	Angêlo Vaz	Invictus Oporto Team	Senior Masculino	01:56:31	+35:03	07:46
46	1103	Duarte Delgado	Clube Zupper	Senior Masculino	01:57:25	+35:57	07:50
47	1675	Luis Lopes	Oralklass-Amigos do Trail	Senior Masculino	01:57:59	+36:31	07:52
48	1706	claudio taveira	OS QUARENTÕES	Senior Masculino	01:58:05	+36:37	07:52
49	1324	Carlos Daniel Oliveira Campos	Individual	Senior Masculino	01:58:45	+37:17	07:55
50	1119	Nuno Sousa	Clube Zupper	Senior Masculino	01:59:03	+37:35	07:56
51	1073	Nuno Almeida	CCDFPJP	Senior Masculino	01:59:28	+38:00	07:58
52	1218	Manuel Silva	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:59:30	+38:02	07:58
53	1410	Ricardo Morais da Costa Nogueira	Individual	Senior Masculino	01:59:42	+38:14	07:59
54	1430	Tiago Miguel Oliveira de Sousa	Individual	Senior Masculino	01:59:50	+38:22	07:59
55	1392	Paulo Araújo	Individual	Senior Masculino	01:59:51	+38:23	07:59
56	1157	Armando Fonseca	DOUROCONTA TRAIL TEAM	Senior Masculino	02:00:08	+38:40	08:01
57	1064	Filipe Ferreira	Bodystation Runners PRO	Senior Masculino	02:00:10	+38:42	08:01
58	1799	vitor cruz	TEAM JAVALI	Senior Masculino	02:00:18	+38:50	08:01
59	1320	Bruno Ramiro	Individual	Senior Masculino	02:01:08	+39:40	08:05
60	1669	David Morais	Oralklass-Amigos do Trail	Senior Masculino	02:01:27	+39:59	08:06

Trail Curto 15Km

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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61	1653	Emanuel Ramos	Oporto Marvel Boys	Senior Masculino	02:01:40	+40:12	08:07
62	1359	João Pedro Correia Silva	Individual	Senior Masculino	02:02:30	+41:02	08:10
63	1798	JOAO SILVA	TEAM JAVALI	Senior Masculino	02:02:59	+41:31	08:12
64	1394	Paulo Pinho	Individual	Senior Masculino	02:03:17	+41:49	08:13
65	1114	Lano Valente	Clube Zupper	Senior Masculino	02:03:34	+42:06	08:14
66	1043	PEDRO SOUSA	AMIGOS DO ATLETISMO MAGNA	Senior Masculino	02:04:26	+42:58	08:18
67	1379	Márcio Filipe Castro	Individual	Senior Masculino	02:04:31	+43:03	08:18
68	1126	Rui Neves	Clube Zupper	Senior Masculino	02:04:45	+43:17	08:19
69	1594	André Azevedo	Melres Trail Running	Senior Masculino	02:05:29	+44:01	08:22
70	1361	Joaquim Alves	Individual	Senior Masculino	02:05:30	+44:02	08:22
71	1374	Leonardo Costa	Individual	Senior Masculino	02:05:52	+44:24	08:23
72	1323	BRUNO SOUSA	Individual	Senior Masculino	02:06:13	+44:45	08:25
73	1357	Joao barbosa	Individual	Senior Masculino	02:06:13	+44:45	08:25
74	1378	Manuel Barbosa	Individual	Senior Masculino	02:06:13	+44:45	08:25
75	1389	Nuno Santos	Individual	Senior Masculino	02:07:05	+45:37	08:28
76	1678	Ruben Martins	Oralklass-Amigos do Trail	Senior Masculino	02:07:30	+46:02	08:30
77	1728	Henrique Velon	PETRO BASTO	Senior Masculino	02:07:36	+46:08	08:30
78	1419	Rui Pedro Reis	Individual	Senior Masculino	02:07:37	+46:09	08:30
79	1415	Rui Filipe Fernandes de Vasconcelos Rocha	Individual	Senior Masculino	02:08:10	+46:42	08:33
80	1725	David Filipe Todo Bom Polido	Passa Montanha	Senior Masculino	02:08:27	+46:59	08:34
81	1109	Ivo Figueiroa	Clube Zupper	Senior Masculino	02:08:47	+47:19	08:35
82	1340	Filipe Cordeiro	Individual	Senior Masculino	02:09:08	+47:40	08:37
83	1007	Roberto Feitas	A.D Sebolido Trail boneca D´ouro	Senior Masculino	02:10:26	+48:58	08:42
84	1695	Carlos Samagaio	Os Imbatíveis	Senior Masculino	02:10:42	+49:14	08:43
85	1827	Ricardo	TransPousada Trail Team	Senior Masculino	02:10:59	+49:31	08:44
86	1352	Hugo André Vaz Faria Couto	Individual	Senior Masculino	02:11:43	+50:15	08:47
87	1338	Fernando Moreira	Individual	Senior Masculino	02:11:43	+50:15	08:47
88	1401	Pedro Miguel Garcia Alves	Individual	Senior Masculino	02:11:44	+50:16	08:47
89	1125	Ricardo Soares	Clube Zupper	Senior Masculino	02:12:12	+50:44	08:49
90	1217	José Conceição	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:12:14	+50:46	08:49
91	1354	Hugo Moreira	Individual	Senior Masculino	02:13:34	+52:06	08:54
92	1356	Ivo Martins	Individual	Senior Masculino	02:14:11	+52:43	08:57
93	1423	Sergio FIlipe Maia de Sousa	Individual	Senior Masculino	02:14:35	+53:07	08:58
94	1399	Pedro Daniel Alves da Silva	Individual	Senior Masculino	02:15:29	+54:01	09:02
95	1393	Paulo Paixão	Individual	Senior Masculino	02:15:50	+54:22	09:03
96	1654	Nuno Duarte	Oporto Marvel Boys	Senior Masculino	02:15:54	+54:26	09:04
97	1308	Alberto Jorge Barros Silva	Individual	Senior Masculino	02:15:59	+54:31	09:04
98	1650	Manuel Vieira	Oporto Blue Whippets	Senior Masculino	02:16:07	+54:39	09:04
99	1649	José Amorim	Oporto Blue Whippets	Senior Masculino	02:16:07	+54:39	09:04
100	1816	V73	Trailletra	Senior Masculino	02:16:11	+54:43	09:05
101	1104	Filipe Mendes	Clube Zupper	Senior Masculino	02:16:40	+55:12	09:07
102	1106	Hélder Vieira	Clube Zupper	Senior Masculino	02:17:29	+56:01	09:10
103	1092	Artur Jorge Pereira	Clube de Pesca de Amarante	Senior Masculino	02:17:45	+56:17	09:11
104	1726	Rui Filipe Passeira Polido	Passa Montanha	Senior Masculino	02:18:18	+56:50	09:13
105	1727	Sérgio Filipe Leite Oliveira	Passa Montanha	Senior Masculino	02:18:18	+56:50	09:13
106	1128	Tiago Ramalho	Clube Zupper	Senior Masculino	02:18:18	+56:50	09:13

Trail Curto 15Km

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

107	1322	Bruno Rodrigues	Individual	Senior Masculino	02:18:53	+57:25	09:16
108	1541	Manuel Ferreira dos Santos Valente Fernandes	Juventude Cortegacense	Senior Masculino	02:19:09	+57:41	09:17
109	1023	Francisco Bogalho	ALIANÇA DE GANDRA	Senior Masculino	02:20:02	+58:34	09:20
110	1388	Nuno Reis	Individual	Senior Masculino	02:20:07	+58:39	09:20
111	1775	Ricardo Vigário	run4fun	Senior Masculino	02:20:47	+59:19	09:23
112	1615	silvio ferreira	Mocidade Sangemil AC	Senior Masculino	02:20:56	+59:28	09:24
113	1314	António Ferreira	Individual	Senior Masculino	02:21:30	+01:00:02	09:26
114	1803	Bruno Andrade	Trailgloditas	Senior Masculino	02:21:41	+01:00:13	09:27
115	1355	Ibraim Sousa	Individual	Senior Masculino	02:22:09	+01:00:41	09:29
116	1425	Sergio silva	Individual	Senior Masculino	02:22:09	+01:00:41	09:29
117	1420	Rui Pereira	Individual	Senior Masculino	02:22:23	+01:00:55	09:30
118	1182	Sérgio Pereira	ERMIDAFIT Runners	Senior Masculino	02:23:00	+01:01:32	09:32
119	1811	Bruno Monteiro	Trailletra	Senior Masculino	02:23:17	+01:01:49	09:33
120	1310	André Cunha	Individual	Senior Masculino	02:23:38	+01:02:10	09:35
121	1375	Levi Filipe Pinto Arrepia	Individual	Senior Masculino	02:23:38	+01:02:10	09:35
122	1431	Tiago Sousa	Individual	Senior Masculino	02:24:47	+01:03:19	09:39
123	1640	Pedro Alves	Nice Runners	Senior Masculino	02:25:01	+01:03:33	09:40
124	1115	Nelson Correia	Clube Zupper	Senior Masculino	02:25:02	+01:03:34	09:40
125	1608	Filipe Pinto	Metralhas Runners	Senior Masculino	02:25:03	+01:03:35	09:40
126	1382	Mário Soares	Individual	Senior Masculino	02:25:10	+01:03:42	09:41
127	1113	Joel Santos	Clube Zupper	Senior Masculino	02:25:20	+01:03:52	09:41
128	1390	Nuno Teixeira	Individual	Senior Masculino	02:25:56	+01:04:28	09:44
129	1681	joâo fonseca	os amigos de s.pedro da cova	Senior Masculino	02:26:35	+01:05:07	09:46
130	1801	Osvaldo Ferreira	team Rede Ambiente	Senior Masculino	02:26:53	+01:05:25	09:48
131	1346	Gilberto Ribeiro	Individual	Senior Masculino	02:27:09	+01:05:41	09:49
132	1368	José Emanuel Correia Ferreira	Individual	Senior Masculino	02:27:23	+01:05:55	09:50
133	1617	Manuel Pereira	Moinhos Run	Senior Masculino	02:29:39	+01:08:11	09:59
134	1216	Bruno Vigário	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:30:25	+01:08:57	10:02
135	1843	Hugo Mendes	WALK4FUN	Senior Masculino	02:30:47	+01:09:19	10:03
136	1123	Pedro Rodrigues	Clube Zupper	Senior Masculino	02:30:50	+01:09:22	10:03
137	1696	Joaquim da Silva	Os Imbatíveis	Senior Masculino	02:30:58	+01:09:30	10:04
138	1402	PEDRO MIGUEL JORGE NUNES DA SILVA	Individual	Senior Masculino	02:31:33	+01:10:05	10:06
139	1411	Ricardo Moreira	Individual	Senior Masculino	02:31:50	+01:10:22	10:07
140	1381	Marcos Silva	Individual	Senior Masculino	02:31:55	+01:10:27	10:08
141	1417	Rui Miranda	Individual	Senior Masculino	02:33:39	+01:12:11	10:15
142	1328	carlos moreira	Individual	Senior Masculino	02:34:08	+01:12:40	10:17
143	1670	Fernando Grabulho	Oralklass-Amigos do Trail	Senior Masculino	02:34:26	+01:12:58	10:18
144	1677	Octávio Mota	Oralklass-Amigos do Trail	Senior Masculino	02:34:26	+01:12:58	10:18
145	1345	Gil Silva	Individual	Senior Masculino	02:35:11	+01:13:43	10:21
146	1365	Jorge Lima	Individual	Senior Masculino	02:36:07	+01:14:39	10:24
147	1403	PEDRO MIGUEL RAMOS DA COSTA NEVES	Individual	Senior Masculino	02:36:19	+01:14:51	10:25
148	1341	Filipe Medeiros Guedes Fonseca	Individual	Senior Masculino	02:36:25	+01:14:57	10:26
149	1396	Paulo Sousa	Individual	Senior Masculino	02:37:39	+01:16:11	10:31
150	1347	Gilberto sousa	Individual	Senior Masculino	02:38:18	+01:16:50	10:33

Trail Curto 15Km

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

151	1082	Helder Oliveira	Chaplin	Senior Masculino	02:38:18	+01:16:50	10:33
152	1391	Nuno Tiago de Sousa Almeida	Individual	Senior Masculino	02:39:30	+01:18:02	10:38
153	1765	gerson Alves	reis & pombas amigos do trail	Senior Masculino	02:40:19	+01:18:51	10:41
154	1395	paulo roberto sousa pinto	Individual	Senior Masculino	02:40:24	+01:18:56	10:42
155	1337	Fábio Pinto	Individual	Senior Masculino	02:40:43	+01:19:15	10:43
156	1344	Flávio Santos	Individual	Senior Masculino	02:41:35	+01:20:07	10:46
157	1804	Luís Pinheiro	Trailgloditas	Senior Masculino	02:41:58	+01:20:30	10:48
158	1327	Carlos Miguel Castro	Individual	Senior Masculino	02:43:05	+01:21:37	10:52
159	1698	Pedro Ramos	Os Imbatíveis	Senior Masculino	02:44:05	+01:22:37	10:56
160	1376	Luis Pinto	Individual	Senior Masculino	02:44:20	+01:22:52	10:57
161	1105	Gabriel Moreira	Clube Zupper	Senior Masculino	02:44:48	+01:23:20	10:59
162	1812	Cristiano	Trailletra	Senior Masculino	02:46:24	+01:24:56	11:06
163	1644	Manuel Vieira	OGIMA	Senior Masculino	02:46:38	+01:25:10	11:07
164	1198	Silvana rocha	Fanecateam	Senior Masculino	02:46:39	+01:25:11	11:07
165	1081	Filipe Nunes	CFA Runners	Senior Masculino	02:46:39	+01:25:11	11:07
166	1335	Diogo Fausto Leite Vieira	Individual	Senior Masculino	02:48:55	+01:27:27	11:16
167	1387	Nuno Moutinho	Individual	Senior Masculino	02:48:55	+01:27:27	11:16
168	1336	Edson Moutinho	Individual	Senior Masculino	02:48:55	+01:27:27	11:16
169	1370	José Miguel Araújo Cunha Magalhães Pereira	Individual	Senior Masculino	02:50:52	+01:29:24	11:23
170	1006	Fábio Correia	A.D Sebolido Trail boneca D´ouro	Senior Masculino	02:52:46	+01:31:18	11:31
171	1766	Helder lopes	reis & pombas amigos do trail	Senior Masculino	02:53:27	+01:31:59	11:34
172	1363	Jorge Caldas	Individual	Senior Masculino	02:53:44	+01:32:16	11:35
173	1377	Luís Tiago Vieira	Individual	Senior Masculino	02:54:17	+01:32:49	11:37
174	1774	Nuno França	run4fun	Senior Masculino	02:54:39	+01:33:11	11:39
175	1358	João Oliveira	Individual	Senior Masculino	02:56:28	+01:35:00	11:46
176	1317	Bruno Fernandes	Individual	Senior Masculino	02:56:42	+01:35:14	11:47
177	1373	Kiko Bento	Individual	Senior Masculino	02:56:42	+01:35:14	11:47
178	1759	Helder Ribeiro	RADIO JORNAL FM RUNNERS	Senior Masculino	02:57:03	+01:35:35	11:48
179	1597	Pedro Duarte	Melres Trail Running	Senior Masculino	02:58:41	+01:37:13	11:55
180	1596	Miguel Sousa	Melres Trail Running	Senior Masculino	02:58:43	+01:37:15	11:55
181	1595	Hugo Pêgas	Melres Trail Running	Senior Masculino	02:58:43	+01:37:15	11:55
182	1543	Tiago Padrela Ferreira da silva	Juventude Cortegacense	Senior Masculino	02:58:52	+01:37:24	11:55
183	1342	Filipe Pereira	Individual	Senior Masculino	03:00:21	+01:38:53	12:01
184	1329	Carlos Teixeira	Individual	Senior Masculino	03:01:43	+01:40:15	12:07
185	1609	Luis Silva	Metralhas Runners	Senior Masculino	03:03:05	+01:41:37	12:12
186	1385	Miguel Pereira	Individual	Senior Masculino	03:04:36	+01:43:08	12:18
187	1575	Hugo Chumbo	Magical Mushrooms	Senior Masculino	03:06:31	+01:45:03	12:26
188	1339	Filipe André Sequeira dos Santos	Individual	Senior Masculino	03:06:51	+01:45:23	12:27
189	1371	José Santos	Individual	Senior Masculino	03:07:28	+01:46:00	12:30
190	1400	Pedro Duarte	Individual	Senior Masculino	03:07:34	+01:46:06	12:30
191	1348	Guilherme Oliveira	Individual	Senior Masculino	03:07:46	+01:46:18	12:31
192	1351	Hugi Miguel da silva pinto	Individual	Senior Masculino	03:08:08	+01:46:40	12:33
193	1244	Rui Pedro da Cunha Lopes	HappyFamily	Senior Masculino	03:12:02	+01:50:34	12:48
194	1576	Sérgio Pereira	Magical Mushrooms	Senior Masculino	03:12:18	+01:50:50	12:49
195	1307	Adélio Pedro Lima	Individual	Senior Masculino	03:13:22	+01:51:54	12:53
196	1412	Ruben José Pereira carvalho	Individual	Senior Masculino	03:13:22	+01:51:54	12:53

Trail Curto 15Km

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

197	1581	Jorge Marialva	Marialvas	Senior Masculino	03:13:53	+01:52:25	12:56
198	1319	Bruno Oliveira	Individual	Senior Masculino	03:14:58	+01:53:30	13:00
199	1331	Daniel Branco	Individual	Senior Masculino	03:15:21	+01:53:53	13:01
200	1723	Vitor Teixeira	PAPA TRAILS	Senior Masculino	03:15:43	+01:54:15	13:03
201	1849	JORGE FILIPE CRUZ SILVA	Individual	Senior Masculino	03:17:32	+01:56:04	13:10
202	1005	Fernando Silva	100Pernas	Senior Masculino	03:22:18	+02:00:50	13:29
203	1311	André Ribeiro	Individual	Senior Masculino	03:23:33	+02:02:05	13:34
204	1334	Diogo Alves	Individual	Senior Masculino	03:23:48	+02:02:20	13:35
205	1429	Tiago Leitão Santos	Individual	Senior Masculino	03:23:48	+02:02:20	13:35
206	1150	Paulo Sampa	Corre e Cala-te	Senior Masculino	03:24:07	+02:02:39	13:36
207	1793	Jose Pedro	Tartarugas do Asfalto	Senior Masculino	03:25:22	+02:03:54	13:41
208	1815	Marco Nobre	Trailletra	Senior Masculino	03:28:04	+02:06:36	13:52
209	1836	Daniel Vieira	União de Freguesias de Fânzeres e S. Pedro da Cova	Senior Masculino	03:28:55	+02:07:27	13:56
210	1330	César Pais	Individual	Senior Masculino	03:28:55	+02:07:27	13:56
211	1418	rui nuno danho castro	Individual	Senior Masculino	03:31:53	+02:10:25	14:08
212	1604	Nuno Pereira	Mentolitos	Senior Masculino	03:32:24	+02:10:56	14:10
213	1603	Joni Milton	Mentolitos	Senior Masculino	03:32:26	+02:10:58	14:10
214	1237	Ricardo Alves	Gondorunners	Senior Masculino	03:33:25	+02:11:57	14:14
215	1179	João Coelho	ERMIDAFIT Runners	Senior Masculino	03:33:50	+02:12:22	14:15
216	1571	Rui Menezes Machado	M&M's	Senior Masculino	03:36:07	+02:14:39	14:24
217	1413	Rui Armindo Anunciação Castro	Individual	Senior Masculino	03:36:09	+02:14:41	14:25
218	1432	Yago Riveiro Rodríguez	Individual	Senior Masculino	03:36:09	+02:14:41	14:25
219	1313	António Fernandes	Individual	Senior Masculino	03:39:29	+02:18:01	14:38
220	1164	Alberto Gomes	Duros de Roer	Senior Masculino	03:40:39	+02:19:11	14:43
221	1350	henrique teixeira	Individual	Senior Masculino	03:40:41	+02:19:13	14:43
222	1637	Diogo Moreira	Moreira Relax Runners	Senior Masculino	03:40:42	+02:19:14	14:43
223	1719	Jorge Silva	OsFazConta	Senior Masculino	03:41:19	+02:19:51	14:45

Veterana F40

1	1444	Sandra Maria Guedes Da Silva Cardoso	Individual	Veterana F40	02:22:09		09:29
2	1026	Alexandra Padilha	ALIANÇA DE GANDRA	Veterana F40	02:22:30	+00:21	09:30
3	1437	la salete pinto	Individual	Veterana F40	02:28:56	+06:47	09:56
4	1441	Patrícia Sampaio	Individual	Veterana F40	02:33:49	+11:40	10:15
5	1130	Paula Nascimento	Clube Zupper	Veterana F40	02:44:48	+22:39	10:59
6	1442	Paula Anjos	Individual	Veterana F40	02:52:19	+30:10	11:29
7	1439	Mary Regallo	Individual	Veterana F40	02:54:32	+32:23	11:38
8	1129	Cândida Vilas-Boas	Clube Zupper	Veterana F40	03:00:23	+38:14	12:02
9	1738	Elizabete Loureiro	Porto Sentido	Veterana F40	03:04:38	+42:29	12:19
10	1578	Cristina Loureiro	Magical Mushrooms	Veterana F40	03:06:31	+44:22	12:26
11	1707	Raquel soares	OS QUARENTÕES	Veterana F40	03:09:20	+47:11	12:37
12	1577	Carla Ventura	Magical Mushrooms	Veterana F40	03:09:45	+47:36	12:39
13	1440	Nina Silva	Individual	Veterana F40	03:12:55	+50:46	12:52
14	1624	conceiçao ribeiro	Monte dos Amigos	Veterana F40	03:13:04	+50:55	12:52
15	1610	Elsa Leite	Metralhas Runners	Veterana F40	03:13:27	+51:18	12:54

Trail Curto 15Km

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

16	1724	Ana Alves	PAPA TRAILS	Veterana F40	03:15:43	+53:34	13:03
17	1245	Susana Maria Gomes de Sousa	HappyFamily	Veterana F40	03:17:23	+55:14	13:10
18	1587	CECÍLIA MARTINS	MEDICINA DO EXERCÍCIO-CLINICA DE GONDOMAR	Veterana F40	03:18:20	+56:11	13:13
19	1184	Paula Silva	ERMIDAFIT Runners	Veterana F40	03:18:39	+56:30	13:15
20	1794	Maria Portugal	Tartarugas do Asfalto	Veterana F40	03:25:36	+01:03:27	13:42
21	1544	Marcia Castro Costa	Juventude Cortegacense	Veterana F40	03:26:06	+01:03:57	13:44
22	1818	Maria Correia	Trailletra	Veterana F40	03:28:05	+01:05:56	13:52
23	1443	Raquel Rodrigues Sousa Andrade Ferreira	Individual	Veterana F40	03:30:48	+01:08:39	14:03
24	1625	helena roxo	Monte dos Amigos	Veterana F40	03:31:28	+01:09:19	14:06
25	1627	sonia silva	Monte dos Amigos	Veterana F40	03:31:32	+01:09:23	14:06
26	1436	ISABEL MARIA DA SILVA CARVALHO	Individual	Veterana F40	03:40:45	+01:18:36	14:43
27	1626	paula coutinho	Monte dos Amigos	Veterana F40	03:44:20	+01:22:11	14:57
28	1817	Carla Vidigal	Trailletra	Veterana F40	03:47:11	+01:25:02	15:09

Veterana F45

1	1449	Flor Madureira	Individual	Veterana F45	02:10:49		08:43
2	1448	FÁTIMA COELHO	Individual	Veterana F45	02:11:05	+00:16	08:44
3	1010	deolinda faria	AIRORUN	Veterana F45	02:11:50	+01:01	08:47
4	1246	Elisa de Sousa Alves Lopes	HappyFamily	Veterana F45	02:22:07	+11:18	09:28
5	1132	Fátima Ribeiro	Clube Zupper	Veterana F45	03:02:34	+51:45	12:10
6	1447	Dulce perestrelo	Individual	Veterana F45	03:12:56	+01:02:07	12:52
7	1611	Graça Farelo	Metralhas Runners	Veterana F45	03:13:27	+01:02:38	12:54
8	1559	Maria Manuel Pinto	LL&Company	Veterana F45	03:23:41	+01:12:52	13:35
9	1820	Bia Maia	Trailletra	Veterana F45	03:28:04	+01:17:15	13:52
10	1628	angela graça	Monte dos Amigos	Veterana F45	03:31:30	+01:20:41	14:06
11	1131	Dulce Moreda	Clube Zupper	Veterana F45	03:32:20	+01:21:31	14:09
12	1155	Luisa Azevedo	Dental Doctors	Veterana F45	03:39:36	+01:28:47	14:38
13	1589	ANA PAULA NORIM	MEDICINA DO EXERCÍCIO-CLINICA DE GONDOMAR	Veterana F45	03:41:56	+01:31:07	14:48
14	1629	paula almeida	Monte dos Amigos	Veterana F45	03:44:20	+01:33:31	14:57

Veterana F50

1	1224	Rosa Mendes	GONDOMAR FUTSAL CLUBE	Veterana F50	02:19:43		09:19
2	1831	Isaura Gomes	Uma Vez Perdi-me no Monte	Veterana F50	02:23:17	+03:34	09:33
3	1839	Fátima Nunes	USF TS	Veterana F50	02:46:39	+26:56	11:07
4	1454	Margarida Machado	Individual	Veterana F50	02:51:47	+32:04	11:27
5	1221	Adelaide Vigário	GONDOMAR FUTSAL CLUBE	Veterana F50	02:57:38	+37:55	11:51
6	1222	Ana Sousa	GONDOMAR FUTSAL CLUBE	Veterana F50	03:16:22	+56:39	13:05
7	1223	Branca Marques	GONDOMAR FUTSAL CLUBE	Veterana F50	03:16:33	+56:50	13:06
8	1453	Manuela Sousa	Individual	Veterana F50	03:26:35	+01:06:52	13:46
9	1196	MARIA FÁTIMA	FAMILIA PEREIRA	Veterana F50	03:44:41	+01:24:58	14:59
10	1194	ANA MARIA	FAMILIA PEREIRA	Veterana F50	04:06:12	+01:46:29	16:25

Trail Curto 15Km

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

11	1195	DELFINA PEREIRA	FAMILIA PEREIRA	Veterana F50	04:06:12	+01:46:29	16:25

Veterana F55

1	1456	Gisela Ferreira	Individual	Veterana F55	03:52:43		15:31

Veterano M40

1	1564	Abilio Ribeiro	Lusitanos	Veterano M40	01:30:51		06:03
2	1030	José Neves	ALIANÇA DE GANDRA	Veterano M40	01:37:50	+06:59	06:31
3	1853	Fernando Figueiredo	GONDOMAR FUTSAL CLUBE	Veterano M40	01:39:44	+08:53	06:39
4	1141	Paulo Pereira	Clube Zupper	Veterano M40	01:40:08	+09:17	06:41
5	1067	Aurélio Vieira	CASA DO POVO DE SOALHÃES	Veterano M40	01:41:03	+10:12	06:44
6	1011	paulo pereira	AIRORUN	Veterano M40	01:42:29	+11:38	06:50
7	1680	Orlando Nogueira	Oralklass-Amigos do Trail	Veterano M40	01:43:09	+12:18	06:53
8	1203	paulo sousa	Fridão Sem Limites	Veterano M40	01:43:15	+12:24	06:53
9	1802	António Jesus	team Rede Ambiente	Veterano M40	01:43:53	+13:02	06:56
10	1138	Madureira Rodrigues	Clube Zupper	Veterano M40	01:46:37	+15:46	07:06
11	1152	Rui Andrade	Crocodilos - Trail Running	Veterano M40	01:46:52	+16:01	07:07
12	1140	Marco Vieira	Clube Zupper	Veterano M40	01:49:14	+18:23	07:17
13	1539	Bruno coutada	Invictus Oporto Team	Veterano M40	01:50:46	+19:55	07:23
14	1547	Rui Pedro Almeida Galante	Juventude Cortegacense	Veterano M40	01:54:18	+23:27	07:37
15	1482	Mike Dias	Individual	Veterano M40	01:56:46	+25:55	07:47
16	1708	carlos silva	OS QUARENTÕES	Veterano M40	01:58:05	+27:14	07:52
17	1715	vitor barroso	OS QUARENTÕES	Veterano M40	01:58:05	+27:14	07:52
18	1655	Pedro Guimaraes	Oporto Marvel Boys	Veterano M40	01:58:32	+27:41	07:54
19	1778	Hermengardo Silva	run4fun	Veterano M40	01:58:49	+27:58	07:55
20	1457	Abilio Martins Almeida	Individual	Veterano M40	01:59:08	+28:17	07:57
21	1065	Alexandre Moreira	Bodystation Runners PRO	Veterano M40	02:00:10	+29:19	08:01
22	1641	Jorge Cunha	Nice Runners	Veterano M40	02:01:53	+31:02	08:08
23	1473	Jorge Filipe Jesus Silva	Individual	Veterano M40	02:04:23	+33:32	08:18
24	1465	helder silva	Individual	Veterano M40	02:05:10	+34:19	08:21
25	1656	Rui Miguel Moreira Mota Santos	Opticália	Veterano M40	02:05:29	+34:38	08:22
26	1679	José Ferreira	Oralklass-Amigos do Trail	Veterano M40	02:06:03	+35:12	08:24
27	1745	Laurindo Gomes	PORTO SENTIDO	Veterano M40	02:06:16	+35:25	08:25
28	1663	Pedro Seixas	Oralklass-Amigos do Trail	Veterano M40	02:09:53	+39:02	08:40
29	1701	Carlos Araújo	Os Imbatíveis	Veterano M40	02:10:43	+39:52	08:43
30	1142	Sérgio Geraldes	Clube Zupper	Veterano M40	02:11:05	+40:14	08:44
31	1477	lourenço cardoso	Individual	Veterano M40	02:14:09	+43:18	08:57
32	1842	Paulo Vaz	Vaz & Vaz	Veterano M40	02:14:52	+44:01	08:59
33	1492	TEOFILO FREITAS	Individual	Veterano M40	02:15:46	+44:55	09:03
34	1204	Jorge Silva	GD BPI	Veterano M40	02:15:55	+45:04	09:04
35	1163	Rui Marques	DOUROCONTA TRAIL TEAM	Veterano M40	02:16:21	+45:30	09:05
36	1460	Delfim Antonio Ferreira Nunes	Individual	Veterano M40	02:16:52	+46:01	09:07

Trail Curto 15Km

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

37	1466	Henrique Sobral	Individual	Veterano M40	02:16:54	+46:03	09:08
38	1135	Fernando Carneiro	Clube Zupper	Veterano M40	02:17:58	+47:07	09:12
39	1459	Carlos Pereira	Individual	Veterano M40	02:21:06	+50:15	09:24
40	1490	Rui Jorge Moreira Freitas	Individual	Veterano M40	02:21:31	+50:40	09:26
41	1768	Paulo Costa	rmcosta	Veterano M40	02:21:32	+50:41	09:26
42	1247	Ricardo Jorge Lopes da Mota	HappyFamily	Veterano M40	02:22:47	+51:56	09:31
43	1742	Avelino Rodrigues	PORTO SENTIDO	Veterano M40	02:22:59	+52:08	09:32
44	1185	Luís Coelho	ERMIDAFIT Runners	Veterano M40	02:23:00	+52:09	09:32
45	1761	Paulo Ribeiro	RADIO JORNAL FM RUNNERS	Veterano M40	02:24:03	+53:12	09:36
46	1139	Manuel Cardoso	Clube Zupper	Veterano M40	02:24:27	+53:36	09:38
47	1162	Marco Castro	DOUROCONTA TRAIL TEAM	Veterano M40	02:24:28	+53:37	09:38
48	1461	Eduardo Nascimento	Individual	Veterano M40	02:24:56	+54:05	09:40
49	1713	lucio ribeiro	OS QUARENTÕES	Veterano M40	02:25:02	+54:11	09:40
50	1472	Joaquim Paulo da Rocha Ferreira	Individual	Veterano M40	02:25:08	+54:17	09:41
51	1762	Rui Sá	RADIO JORNAL FM RUNNERS	Veterano M40	02:29:47	+58:56	09:59
52	1475	José Joaquim da Silva Pires	Individual	Veterano M40	02:30:47	+59:56	10:03
53	1488	Ricardo A. Silva Sousa	Individual	Veterano M40	02:31:45	+01:00:54	10:07
54	1709	helder vieira	OS QUARENTÕES	Veterano M40	02:36:27	+01:05:36	10:26
55	1744	José Ricardo	PORTO SENTIDO	Veterano M40	02:37:07	+01:06:16	10:28
56	1710	jorge aires	OS QUARENTÕES	Veterano M40	02:38:16	+01:07:25	10:33
57	1493	Tony Cunha	Individual	Veterano M40	02:39:48	+01:08:57	10:39
58	1483	Paulo Lara	Individual	Veterano M40	02:40:16	+01:09:25	10:41
59	1630	joaquim pinto	Monte dos Amigos	Veterano M40	02:42:38	+01:11:47	10:51
60	1833	Manuel Alvarino	Uma Vez Perdi-me no Monte	Veterano M40	02:43:41	+01:12:50	10:55
61	1484	Paulo Ribeiro	Individual	Veterano M40	02:43:44	+01:12:53	10:55
62	1133	António Silva	Clube Zupper	Veterano M40	02:50:05	+01:19:14	11:20
63	1469	joão da silva martins	Individual	Veterano M40	02:50:14	+01:19:23	11:21
64	1086	Miguel Dias	CloudWorks	Veterano M40	02:52:09	+01:21:18	11:29
65	1851	Joaquim Gomes	Oporto Blue Whippets	Veterano M40	02:52:14	+01:21:23	11:29
66	1476	José Ricardo Fernandes Silva	Individual	Veterano M40	02:54:20	+01:23:29	11:37
67	1545	Cecilio Maunel Silva Ferreira	Juventude Cortegacense	Veterano M40	02:58:51	+01:28:00	11:55
68	1546	Celso Orlando Oliveira Camboa	Juventude Cortegacense	Veterano M40	02:58:52	+01:28:01	11:55
69	1134	Carlos Figueiredo	Clube Zupper	Veterano M40	03:01:22	+01:30:31	12:05
70	1210	Pedro Costelha	GENEROSOS	Veterano M40	03:01:39	+01:30:48	12:07
71	1711	jorge ventura	OS QUARENTÕES	Veterano M40	03:02:17	+01:31:26	12:09
72	1714	luis cardoso	OS QUARENTÕES	Veterano M40	03:02:17	+01:31:26	12:09
73	1467	Ivo Loureiro	Individual	Veterano M40	03:11:37	+01:40:46	12:46
74	1579	Celso Mota	Magical Mushrooms	Veterano M40	03:17:09	+01:46:18	13:09
75	1780	Rui Silva	run4fun	Veterano M40	03:17:30	+01:46:39	13:10
76	1478	Luís Manuel Teixeira Monteiro	Individual	Veterano M40	03:19:13	+01:48:22	13:17
77	1590	DAVID SILVA	MEDICINA DO EXERCÍCIO-CLINICA DE GONDOMAR	Veterano M40	03:22:17	+01:51:26	13:29
78	1480	Miguel Azevedo	Individual	Veterano M40	03:23:28	+01:52:37	13:34
79	1560	Mario Gouveia	LL&Company	Veterano M40	03:23:40	+01:52:49	13:35
80	1485	Pedro Ferreira	Individual	Veterano M40	03:25:59	+01:55:08	13:44
81	1479	Luís Moutinho	Individual	Veterano M40	03:27:48	+01:56:57	13:51
82	1489	rui gandra	Individual	Veterano M40	03:28:49	+01:57:58	13:55

Trail Curto 15Km

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

83	1241	Jorge Silva	Gondorunners	Veterano M40	03:33:25	+02:02:34	14:14
84	1491	RUI MIGUEL MOUTINHO DE CARVALHO	Individual	Veterano M40	03:39:19	+02:08:28	14:37
85	1156	João Miranda de Azevedo	Dental Doctors	Veterano M40	03:39:37	+02:08:46	14:38
86	1167	Miguel Gomes	Duros de Roer	Veterano M40	03:40:38	+02:09:47	14:43
87	1242	Vitor Sousa	Gondorunners	Veterano M40	03:45:28	+02:14:37	15:02
88	1166	José Pimenta	Duros de Roer	Veterano M40	04:13:24	+02:42:33	16:54

Veterano M45

1	1565	Adriano Oliveira	Lusitanos	Veterano M45	01:40:32		06:42
2	1012	francisco pereira	AIRORUN	Veterano M45	01:45:57	+05:25	07:04
3	1612	Paulo Ferreira	Metralhas Runners	Veterano M45	01:47:38	+07:06	07:11
4	1503	Laurindo Osório	Individual	Veterano M45	01:50:01	+09:29	07:20
5	1187	Manuel Oliveira	Espinho Runners	Veterano M45	01:50:14	+09:42	07:21
6	1645	João Jaques	Olímpico Vianense Trail/ND Sport	Veterano M45	01:50:50	+10:18	07:23
7	1145	Paulo Domingues	Clube Zupper	Veterano M45	01:50:53	+10:21	07:24
8	1494	Alcino Gomes	Individual	Veterano M45	01:50:59	+10:27	07:24
9	1013	jose pereira	AIRORUN	Veterano M45	01:51:58	+11:26	07:28
10	1014	luis mota	AIRORUN	Veterano M45	01:52:38	+12:06	07:31
11	1031	Fernando Oliveira	ALIANÇA DE GANDRA	Veterano M45	01:54:51	+14:19	07:39
12	1060	Francisco Teixeira	ASSOCIAÇÃO RECREATIVA LUZ E VIDA GONDOMARENSE	Veterano M45	01:56:00	+15:28	07:44
13	1153	José Carlos Dias	CTAD - Trilhos de Cinfães	Veterano M45	01:56:25	+15:53	07:46
14	1076	José Regueiras	CCDFPJP	Veterano M45	01:57:08	+16:36	07:49
15	1225	Helder Vieira	GONDOMAR FUTSAL CLUBE	Veterano M45	01:57:52	+17:20	07:51
16	1566	Paulo Azevedo	Lusitanos	Veterano M45	02:03:28	+22:56	08:14
17	1657	João Gabriel Almeida Amaro Neves	Opticália	Veterano M45	02:04:49	+24:17	08:19
18	1499	FERNANDO MORAIS	Individual	Veterano M45	02:06:40	+26:08	08:27
19	1747	Ernesto Ribeiro	PORTO SENTIDO	Veterano M45	02:09:03	+28:31	08:36
20	1230	Pedro Sousa	GONDOMAR FUTSAL CLUBE	Veterano M45	02:12:14	+31:42	08:49
21	1186	Vitor Andrade	ERMIDAFIT Runners	Veterano M45	02:12:44	+32:12	08:51
22	1548	Ernesto Marques Alves	Juventude Cortegacense	Veterano M45	02:14:10	+33:38	08:57
23	1496	Armando Moreira	Individual	Veterano M45	02:17:06	+36:34	09:08
24	1746	Carlos Martins	Porto Sentido	Veterano M45	02:19:40	+39:08	09:19
25	1143	Álvaro Pinto	Clube Zupper	Veterano M45	02:19:43	+39:11	09:19
26	1507	Paulo Queirós	Individual	Veterano M45	02:19:50	+39:18	09:19
27	1495	arlindo manuel castro da silva	Individual	Veterano M45	02:22:20	+41:48	09:29
28	1788	Paulo Melo	Soldado Desconhecido	Veterano M45	02:23:38	+43:06	09:35
29	1534	José Ferreira	Inimigos do Podium	Veterano M45	02:27:11	+46:39	09:49
30	1504	Luís Gomes	Individual	Veterano M45	02:28:24	+47:52	09:54
31	1075	Herminio Pinho	CCDFPJP	Veterano M45	02:32:42	+52:10	10:11
32	1510	Pedro Sá	Individual	Veterano M45	02:33:49	+53:17	10:15
33	1501	Henrique Barros	Individual	Veterano M45	02:43:59	+01:03:27	10:56
34	1756	Paulo Costa	POTEEENTES - Fitspot Parque Nascente	Veterano M45	02:51:02	+01:10:30	11:24
35	1498	Fernando Dinis	Individual	Veterano M45	02:51:43	+01:11:11	11:27

Trail Curto 15Km

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

36	1826	Delfim	Trailletra	Veterano M45	02:51:55	+01:11:23	11:28
37	1211	Rodrigo Ferraz	GENEROSOS	Veterano M45	03:01:37	+01:21:05	12:06
38	1229	Mário Ribeiro	GONDOMAR FUTSAL CLUBE	Veterano M45	03:03:14	+01:22:42	12:13
39	1500	Gentil Fernando Pereira Madureira Silva Oliveira	Individual	Veterano M45	03:10:34	+01:30:02	12:42
40	1509	Pedro Jorge Dias	Individual	Veterano M45	03:13:22	+01:32:50	12:53
41	1511	Rufino Moura	Individual	Veterano M45	03:16:00	+01:35:28	13:04
42	1552	Amândio Sousa	KinKipa	Veterano M45	03:16:33	+01:36:01	13:06
43	1228	José Carlos Lascasas	GONDOMAR FUTSAL CLUBE	Veterano M45	03:28:55	+01:48:23	13:56
44	1631	fernando monteiro	Monte dos Amigos	Veterano M45	03:35:38	+01:55:06	14:23
45	1502	José António Brito de Sousa	Individual	Veterano M45	03:39:28	+01:58:56	14:38
46	1087	José Matos	CloudWorks	Veterano M45	03:40:33	+02:00:01	14:42
47	1824	Jorge Amorim	Trailletra	Veterano M45	03:44:34	+02:04:02	14:58

Veterano M50

1	1517	Belmiro Moreira Ferreira	Individual	Veterano M50	01:26:12		05:45
2	1068	Modesto Vieira	CASA DO POVO DE SOALHÃES	Veterano M50	01:39:04	+12:52	06:36
3	1044	ABÍLIO TAVARES	AMIGOS DO ATLETISMO MAGNA	Veterano M50	01:48:47	+22:35	07:15
4	1045	MAXIMIANO BORGES	AMIGOS DO ATLETISMO MAGNA	Veterano M50	01:52:10	+25:58	07:29
5	1580	Bento morais	AMIGOS DO ATLETISMO MAGNA	Veterano M50	01:53:20	+27:08	07:33
6	1231	Fernando Ferreira	GONDOMAR FUTSAL CLUBE	Veterano M50	02:00:06	+33:54	08:00
7	1015	jose araujo	AIRORUN	Veterano M50	02:01:35	+35:23	08:06
8	1206	Carlos Ferreira	GD BPI	Veterano M50	02:11:05	+44:53	08:44
9	1757	Miguel Almeida	POTEEENTES - Fitspot Parque Nascente	Veterano M50	02:13:00	+46:48	08:52
10	1147	José Martins	Clube Zupper	Veterano M50	02:18:19	+52:07	09:13
11	1521	José Rodrigues	Individual	Veterano M50	02:22:04	+55:52	09:28
12	1248	Fernando Vieira Lopes	HappyFamily	Veterano M50	02:22:06	+55:54	09:28
13	1524	Vitor Manuel Coelho de Almeida	Individual	Veterano M50	02:22:34	+56:22	09:30
14	1567	Fernando Rodrigues	Lusitanos	Veterano M50	02:23:16	+57:04	09:33
15	1518	João Carlos Ferreira dos Santos	Individual	Veterano M50	02:25:50	+59:38	09:43
16	1232	Manuel Rocha	GONDOMAR FUTSAL CLUBE	Veterano M50	02:30:55	+01:04:43	10:04
17	1682	emidio pontes	os amigos de s.pedro da cova	Veterano M50	02:34:37	+01:08:25	10:18
18	1613	António Castro	Metralhas Runners	Veterano M50	02:41:54	+01:15:42	10:48
19	1834	Joaquim Leite	Uma Vez Perdi-me no Monte	Veterano M50	02:43:41	+01:17:29	10:55
20	1523	LUIZ CARLOS J.BLANQUET	Individual	Veterano M50	02:48:23	+01:22:11	11:14
21	1519	Joaquim Coelho	Individual	Veterano M50	02:48:29	+01:22:17	11:14
22	1077	Paulo Peixoto	CCDFPJP	Veterano M50	03:00:28	+01:34:16	12:02
23	1748	Fernando Ferraz	PORTO SENTIDO	Veterano M50	03:03:16	+01:37:04	12:13
24	1512	alberto martins	Individual	Veterano M50	03:06:27	+01:40:15	12:26
25	1553	Augusto Teixeira	KinKipa	Veterano M50	03:16:37	+01:50:25	13:06
26	1554	Luís Cunha	KinKipa	Veterano M50	03:16:38	+01:50:26	13:07
27	1513	Antonio Carmo	Individual	Veterano M50	03:57:48	+02:31:36	15:51

Trail Curto 15Km — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterano M55

1	1729	Avelino Martins	PETRO BASTO	Veterano M55	01:44:30		06:58
2	1525	carlos alberto frazao fazendeiro	Individual	Veterano M55	01:50:14	+05:44	07:21
3	1844	António Teixeira	ZUPPER	Veterano M55	01:50:32	+06:02	07:22
4	1046	ALEXANDRE SILVA	AMIGOS DO ATLETISMO MAGNA	Veterano M55	01:54:02	+09:32	07:36
5	1532	Nuno Lacerda	Individual	Veterano M55	02:08:31	+24:01	08:34
6	1148	António Barbosa	Clube Zupper	Veterano M55	02:10:07	+25:37	08:40
7	1549	Domingos Fernando Oliveira Camboa	Juventude Cortegacense	Veterano M55	02:27:35	+43:05	09:50
8	1530	José Mário Magalhães de Pereira	Individual	Veterano M55	02:42:12	+57:42	10:49
9	1528	João Silva	Individual	Veterano M55	02:42:28	+57:58	10:50
10	1618	Rui Quinta	Moinhos Run	Veterano M55	02:59:43	+01:15:13	11:59
11	1526	Germano Moura	Individual	Veterano M55	03:02:34	+01:18:04	12:10
12	1527	Isaac Batista Pereira	Individual	Veterano M55	03:14:59	+01:30:29	13:00
13	1233	António José Queiroz	GONDOMAR FUTSAL CLUBE	Veterano M55	03:18:32	+01:34:02	13:14
14	1151	Adriano Barbosa	Corre e Cala-te	Veterano M55	03:24:06	+01:39:36	13:36

Veterano M60

1	1841	Rui Coelho	USF TS	Veterano M60	01:57:45		07:51
2	1683	serafim fonseca	os amigos de s.pedro da cova	Veterano M60	02:11:13	+13:28	08:45
3	1555	Abilio Soares	Lá Vamos Nós....Chegamos ao Fim	Veterano M60	02:23:47	+26:02	09:35
4	1533	Manuel Emidio	Individual	Veterano M60	02:28:38	+30:53	09:55
5	1840	Elias Filipe	USF TS	Veterano M60	02:40:59	+43:14	10:44
6	1201	Manuel Rocha	FAST AO KM	Veterano M60	02:56:39	+58:54	11:47
7	1061	António Alves	ASSOCIAÇÃO RECREATIVA LUZ E VIDA GONDOMARENSE	Veterano M60	03:11:55	+01:14:10	12:48
8	1684	Manuel Moura	OS BARRIGUITAS	Veterano M60	03:12:54	+01:15:09	12:52
9	1149	Ivo Correia	Clube Zupper	Veterano M60	03:22:27	+01:24:42	13:30
10	1852	Rui Coelho	USF TS	Veterano M60	03:26:27	+01:28:42	13:46

COLETIVA 15KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	Oralklass-Amigos do Trail	1 + 2 + 11	14
2	Clube Zupper	6 + 8 + 17	31
3	DOUROCONTA TRAIL TEAM	10 + 16 + 19	45
4	Lusitanos	7 + 24 + 32	63
5	AIRORUN	23 + 28 + 34	85
6	CASA DO POVO DE SOALHÃES	18 + 25 + 79	122
7	AMIGOS DO ATLETISMO MAGNA	43 + 44 + 63	150
8	ALIANÇA DE GANDRA	15 + 76 + 77	168
9	GONDOMAR FUTSAL CLUBE	21 + 90 + 101	212
10	OS QUARENTÕES	92 + 93 + 94	279
11	team Rede Ambiente	31 + 65 + 251	347
12	Oporto Marvel Boys	95 + 114 + 177	386
13	ERMIDAFIT Runners	20 + 166 + 224	410
14	Invictus Oporto Team	53 + 84 + 285	422
15	Juventude Cortegacense	75 + 170 + 197	442
16	CCDFPJP	87 + 100 + 276	463
17	Melres Trail Running	5 + 128 + 367	500
18	PORTO SENTIDO	136 + 146 + 223	505
19	Passa Montanha	143 + 191 + 192	526
20	Os Imbatíveis	151 + 152 + 268	571
21	Metralhas Runners	41 + 244 + 306	591
22	POTEEENTES - Fitspot Parque Nascente	118 + 167 + 343	628
23	HappyFamily	212 + 213 + 222	647
24	run4fun	97 + 204 + 356	657
25	Oporto Blue Whippets	180 + 181 + 326	687
26	os amigos de s.pedro da cova	158 + 250 + 283	691
27	USF TS	89 + 304 + 328	721
28	Trailletra	182 + 229 + 325	736
29	RADIO JORNAL FM RUNNERS	236 + 261 + 275	772
30	Uma Vez Perdi-me no Monte	228 + 314 + 315	857
31	Moinhos Run	260 + 263 + 376	899
32	reis & pombas amigos do trail	300 + 312 + 351	963
33	Porto Sentido	198 + 399 + 400	997
34	GENEROSOS	386 + 387 + 388	1161
35	Monte dos Amigos	311 + 431 + 432	1174
36	Magical Mushrooms	402 + 403 + 415	1220
37	MEDICINA DO EXERCÍCIO-CLINICA DE GONDOMAR	417 + 419 + 462	1298
38	PAPA TRAILS	445 + 446 + 447	1338

COLETIVA 15KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

39	KinKipa	450 + 451 + 453	1354
40	100Pernas	471 + 472 + 473	1416
41	LL&Company	468 + 479 + 480	1427
42	OsFazConta	454 + 547 + 549	1550
43	Mentolitos	518 + 519 + 520	1557
44	Amazing Team	532 + 533 + 534	1599
45	Gondorunners	523 + 524 + 559	1606
46	FAMILIA PEREIRA	484 + 556 + 569	1609
47	Duros de Roer	542 + 543 + 572	1657